

# CBT CANADA



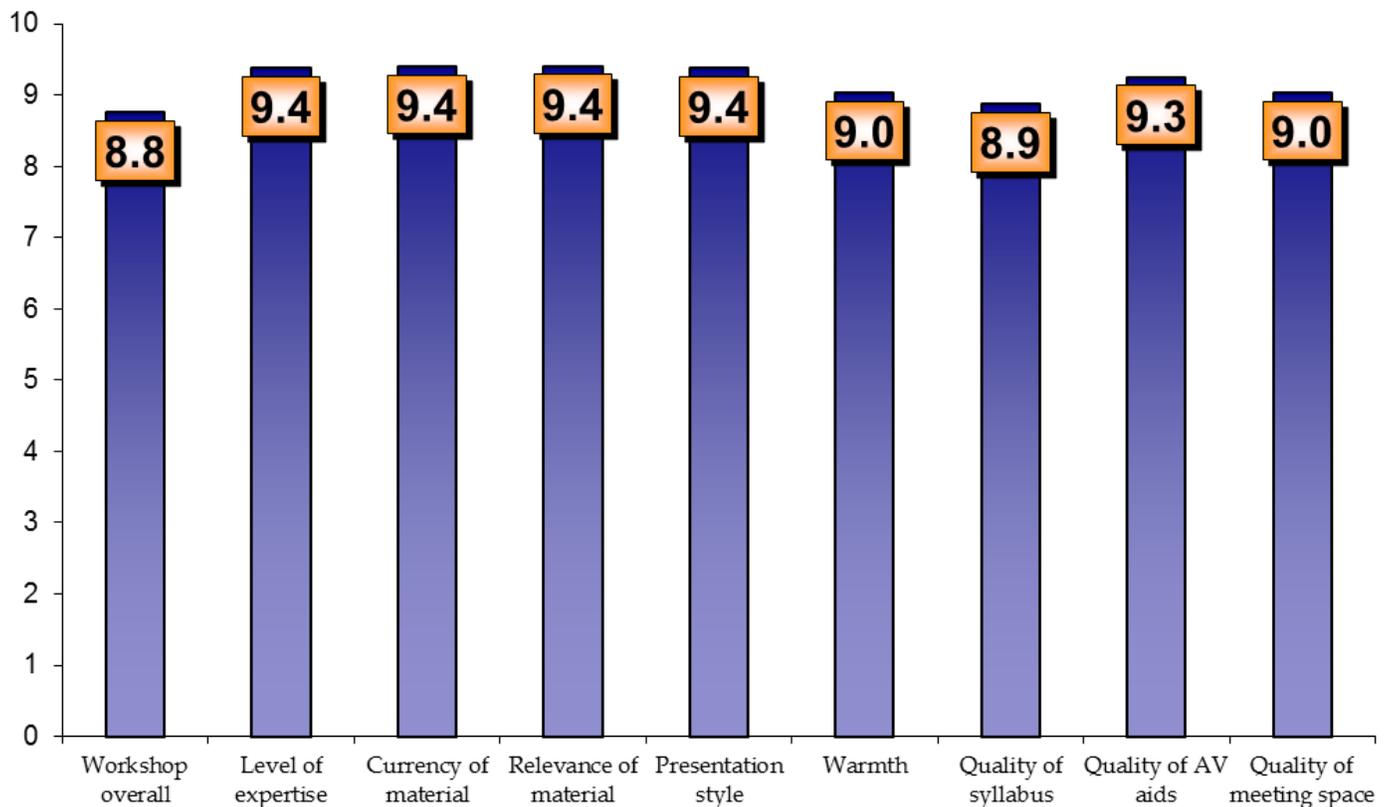
supratentorial medicine



September 15, 2017

*Ten-Minute CBT*

Western University *Department of Family Medicine*



- Very energetic and engaging... very enjoyable humor... very entertaining slides
- I honestly really enjoyed the presentation
- Engaging speaker & practical tools
- Practical tools for family practice
- More practical than other psychiatric training I've done
- Medical CBT training is very important for family physicians
- Very practical, not only to psychiatric presentations, but to many other physical comorbidities
- Fun, engaging, and high yield
- Excellent use of slides
- Interactive, fun, and great pace of material

## What family physicians say (*continued*) ...

- Incredibly important across all specialties!
- Very practical and effective
- Extremely important training
- Engaging, funny and energetic
- VERY important training
- A very great workshop
- Humorous and interactive
- These tools are nearly universal in day-to-day interactions
- A good & concise syllabus
- Loved the funny pictures and jokes ... the use of humor is very engaging
- A great day!
- Very practical & very important

“

These tools are nearly universal in day-to-day interactions...

