

CBT

CANADA



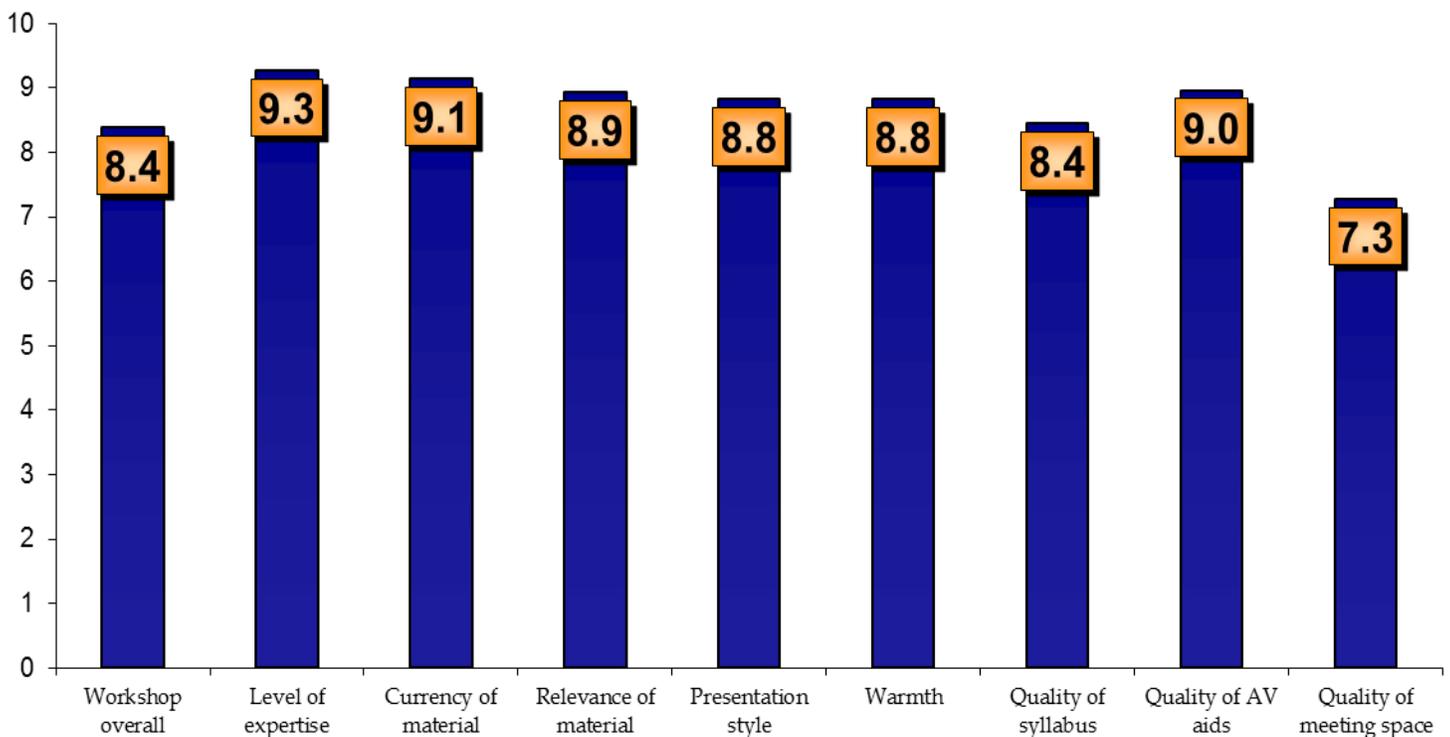
supratentorial medicine



February 16, 2018

Ten-Minute CBT

University of Calgary



- Excellent & engaging
- **The most practical psychiatry training I've done**
- Great presenter & content
- Very important for family physicians
- **Truly excellent**
- Very practical material that can be applied to all facets of primary care
- An entertaining presenter & presentation with a practical approach
- An engaging speaker
- Practical for CCFPs
- Entertaining & engaging
- Tangible approach to CBT
- + + + important
- Very practical

What family physicians say (*continued*) ...

- Fantastic
- Hilarious
- Very high yield
- Very important training for family physicians
- An excellent course
- Great concept and entertaining
- Very important! Medical CBT is a large component of what we do on a daily basis
- More practical than other psychiatry training
- Very important training!
- Great metaphors, humor, and honesty
- Very engaging
- Practical CBT tools that are usable in 5 to 15 minutes
- **Probably more important than almost everything else family physicians train in**
- Loved it!
- Highly practical and highly important
- The speaker was great... I wish we could have gone over more
- A very good speaker... very engaging
- Focused on real-world clinical use
- **Should be mandatory training for family physicians**
- Very practical
- Great speaker!
- Practical multi-use tools
- An enthusiastic speaker
- Very informative
- **Stellar!**
- Very interesting and relevant to practice
- Wonderful
- Engaging and 10/10 relevant to primary care

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