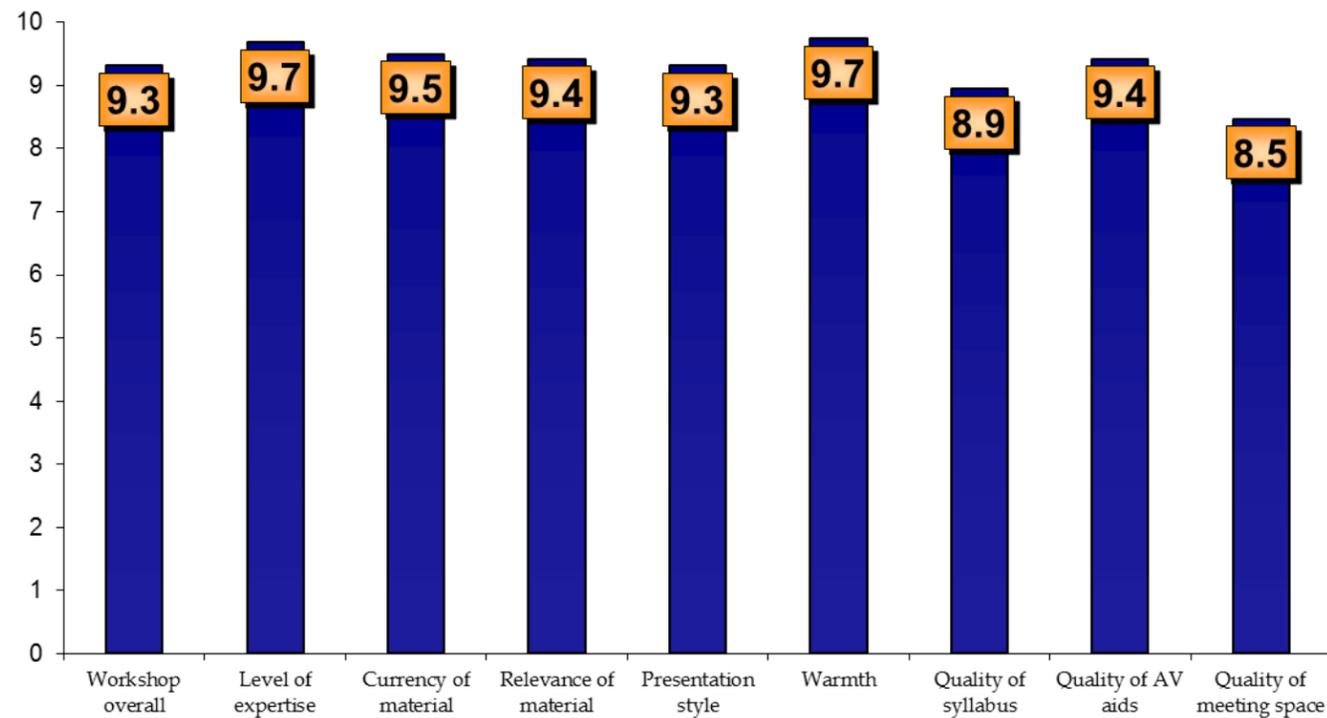




November 24, 2015

*Ten-Minute CBT*

*McGill University's Annual Refresher Course*



- Very primary care focused
- Love the off-the-cuff style, yet evidence-based!
- Practical examples
- Uplifting; & validating
- Humour is wonderful
- Much more practical than other psychiatric CME
- Interactive style

- A positive, practical learning experience
- Interesting discussion and great tips
- Engaging
- Great slides
- Interesting, helpful topic
- Very good presentation
- Very practical & useful

### What family physicians say (*continued*) ...

- More practical than other psychiatric CME
- Very pertinent
- Very practical
- Medical CBT should be taught in medical school
- It was great!
- Practical, useful techniques in the office
- Very helpful!
- Very pragmatic; “hands-on”
- Highly practical, “drive-it-off-the-lot” CME
- There will be lots of opportunity to apply this in my practice
- Animated presenter
- Better than other psychiatric CME
- Enjoyable
- Practical
- Very helpful tips, tools... everything, really
- Great presentation style
- Super-practical
- Definitely should be part of residency training

“ Uplifting & validating  
— Elizabeth Massarelli, MD  
Sackville, NB

