

# CBT

## CANADA



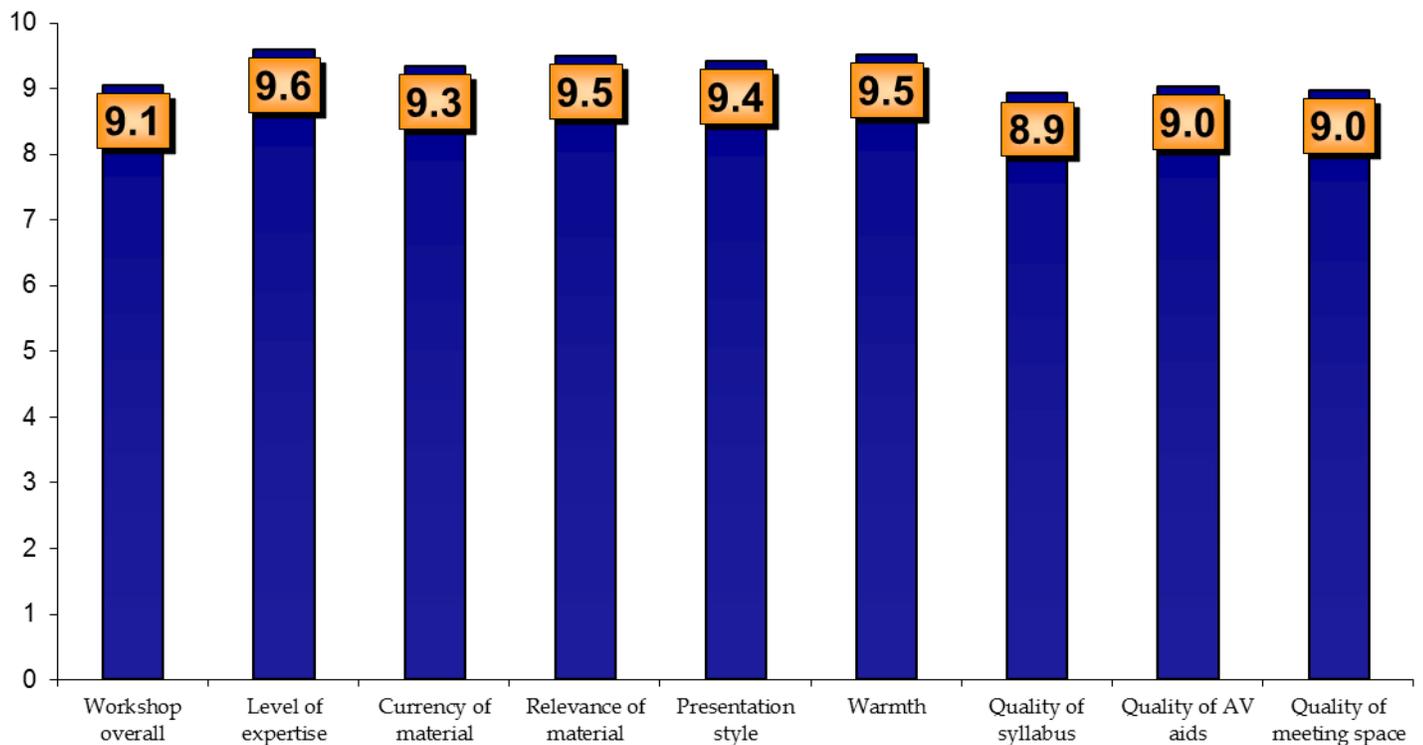
supratentorial medicine



November 7, 2013

Family Medicine Forum (*Vancouver*)

College of Family Physicians of Canada



- Excellent... it will change my practice style significantly. I can't believe I haven't taken this sooner in my career!
- A great workshop.... simple, practical & relevant... and humorous & really entertaining!
- The workshop will likely effect me as much as my patients
- A profound impact
- It will change some of my difficult patient encounters
- It could have been a boring session, but presented in a very interactive way
- Relevant to my practice
- Will definitely make me more effective
- Lively and fun... and it will help me a lot
- Fun & a good sense of humor
- Excellent / practical and entertaining
- A very meaningful impact

## What family physicians say (*continued*) ...

- Excellent workshop... will make a huge impact on how I will interact with my patients in the future
- These tools will definitely impact my current practice
- Very applicable... a wide variety of applications
- Excellent... humor, examples, language!!
- The recognized CBT experts
- Helpful & interesting
- Extremely pragmatic
- Will help my interventions be more useful to patients and less draining to me
- Good tools & good skills
- Will improve my patient care and therapeutic alliance
- The visuals were very helpful in keeping one awake and alert
- It will be very useful and practical in a daily way
- Marvelous tools which will prove useful in my clinic

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Excellent workshop... it will make a huge impact on how I will interact with my patients in the future.”

— Stefanus de Nysschen, MD  
Cabri, SK



# CBT

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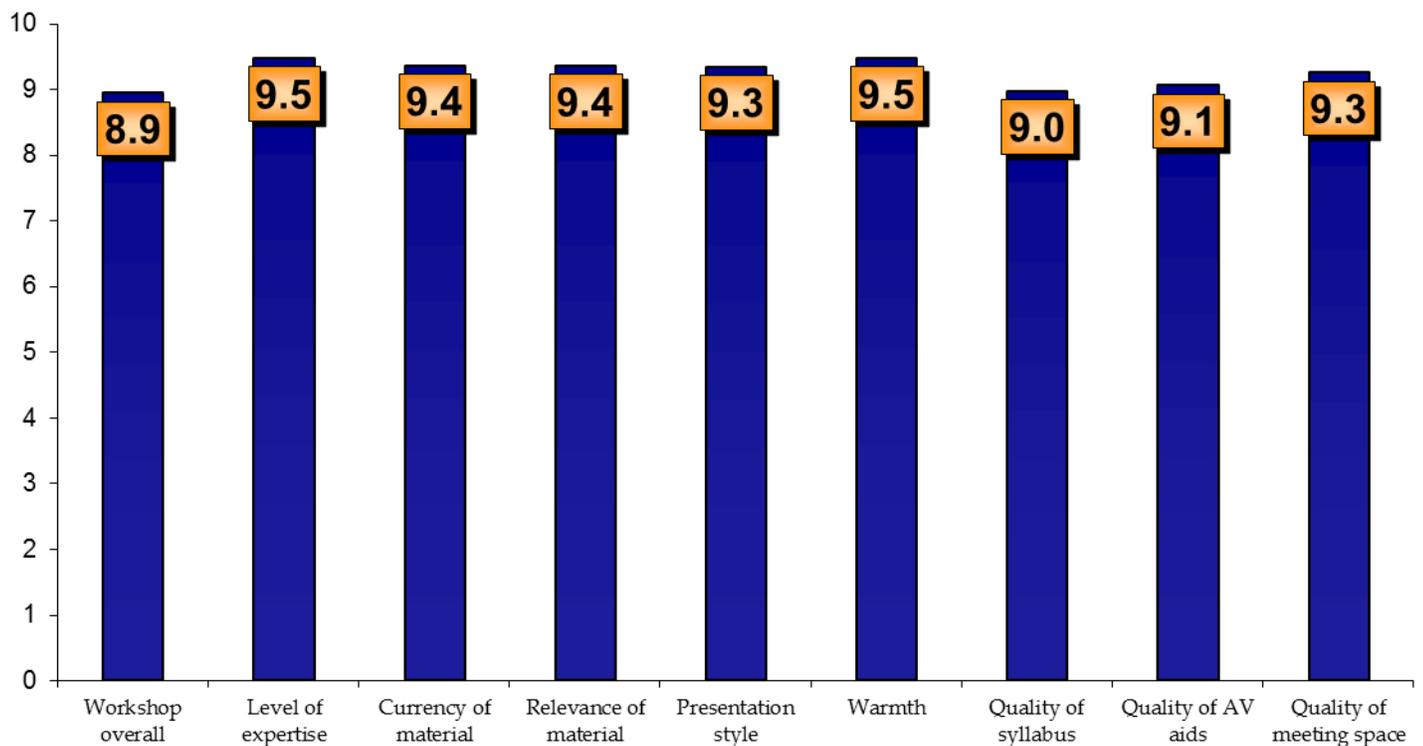
supratentorial medicine



November 8, 2013

Family Medicine Forum (*Vancouver*)

College of Family Physicians of Canada



- Good evidence & tools... will be helpful
- Will definitely implement
- Very practical
- Coherent & helpful
- Very practical and concise
- I'll definitely be trying out these new tools in my practice
- Will be helpful
- Very engaging
- Will help me be less prone to burn-out
- Excellent relevance, and I very much appreciate the up-to-date information
- Realistic and helpful answers to specific questions
- The syllabus is useful in breadth & scope
- Lots of good stuff
- Nice use of humour!

## What family physicians say (*continued*) ...

- Great images / great slides
- It will be a huge help getting some of my patients “unstuck”
- Tools that will be able to be used quickly and effectively
- Very helpful in ER and critical care
- Very comfortable learning experience
- 10+ presentation style... excellent & easy-going
- One of the best CMEs for the buck!
- Definitely have something to work with
- Very focused and practical

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It will impact me as much as my patients.

— Terry Trusdale, MD  
Rosslyn, ON



# CBT

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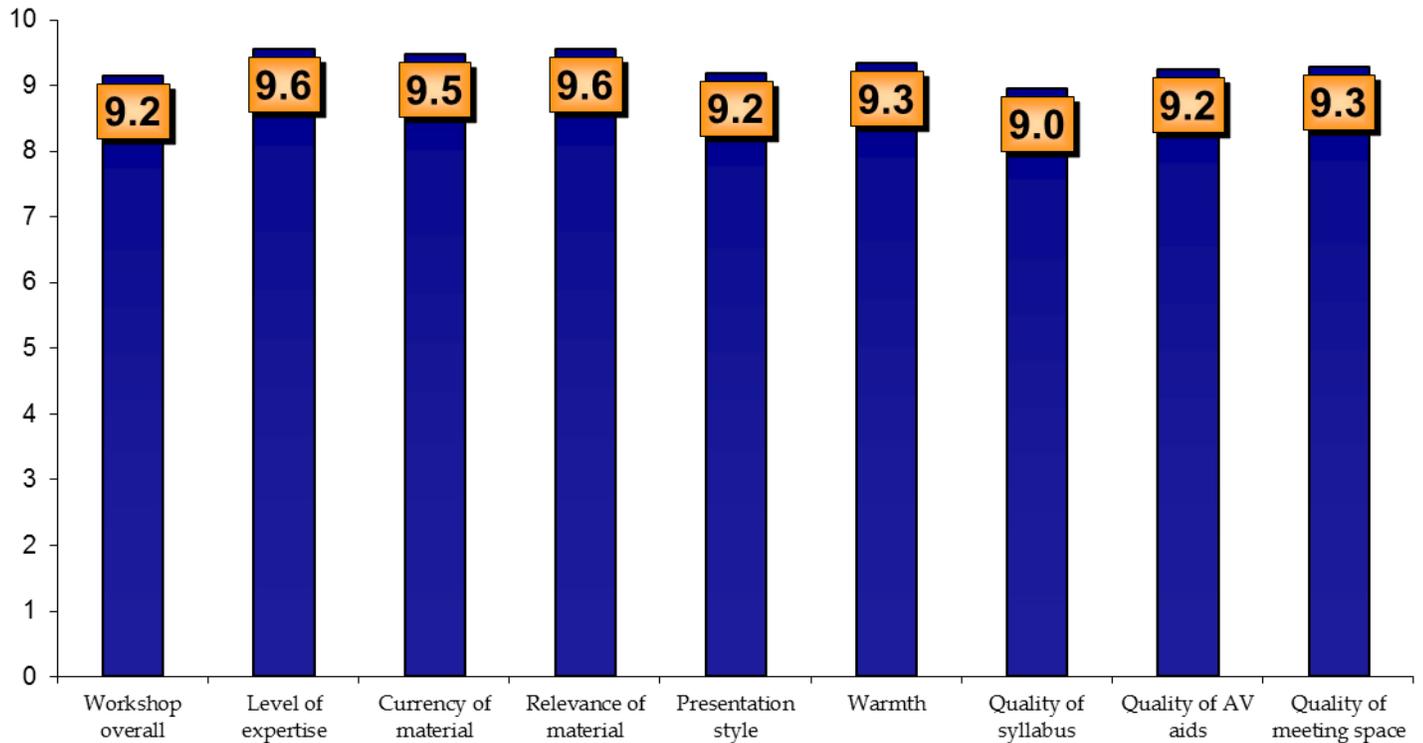
supratentorial medicine



November 9, 2013

Family Medicine Forum (*Vancouver*)

College of Family Physicians of Canada



- Amazing presenters
- Will likely change my life as well as at clinic
- For sure it will change my behavior and that of my patients
- A profound impact
- Animated, relevant and credible
- An interactive, relaxed & beneficial presentation style
- Great tools to use in helping depressed patients
- Fun & applicable
- Awesome presentation +++ relevant to depression in primary care
- High quality syllabus ... very user-friendly and high potential for use
- Greg knew his stuff from current methods, techniques AND theory AND other academics AND geography AND popular culture

## What family physicians say (*continued*) ...

- Very useful tips
- Significant techniques, strategies and ideas to share with family medicine residents
- Will assist with mood disorders, chronic pain, and addictions
- Likely less referrals, and increased quality of life for patients
- Practical tips for specific common patient issues
- I am better prepared to deal with patients with diagnosis of depression
- High impact on my clinical care and my own life
- Very engaging speakers, quality of content and delivery style
- High-quality presentation materials
- Great armamentarium

“

A profound impact.

— Christopher Ayes, MD  
Calgary, ON

