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CME Feedback Summaries

January 1, 2011 to March 31, 2012

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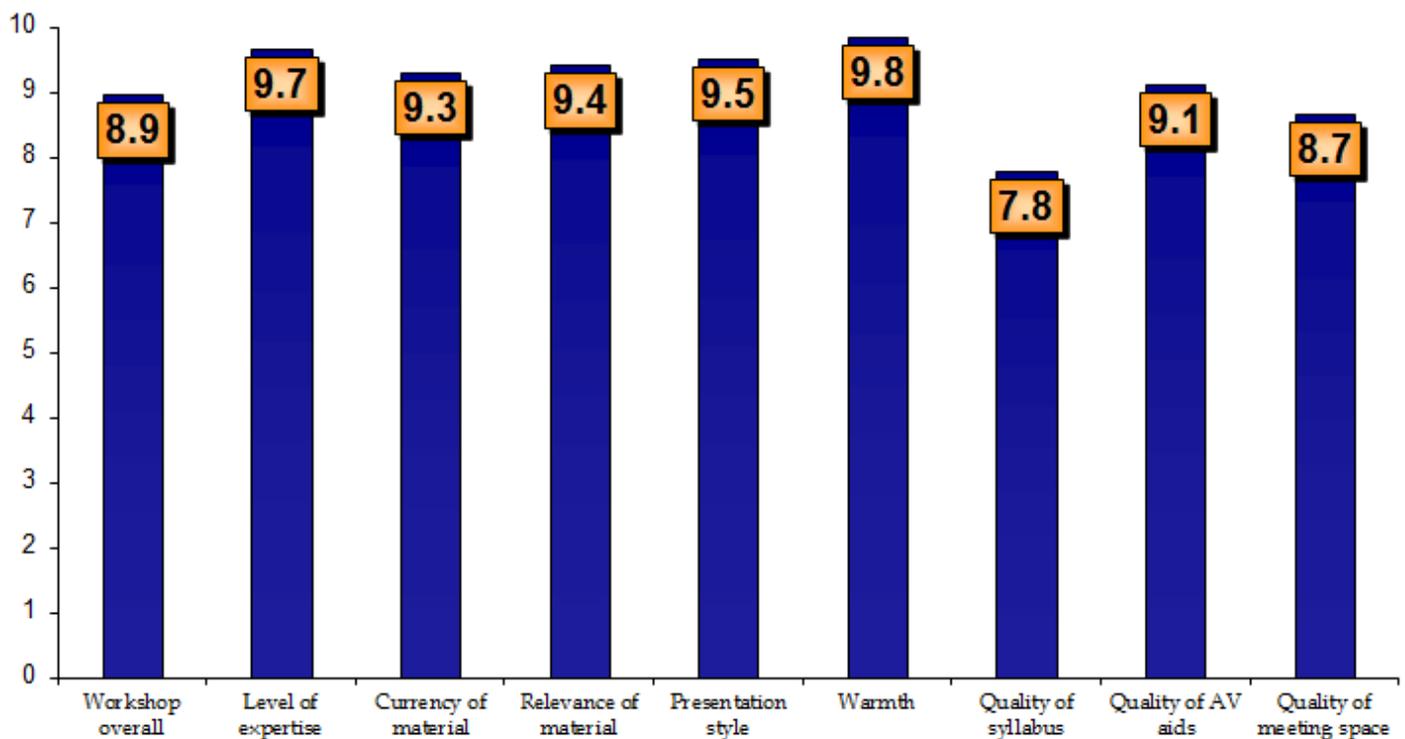
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March 7-9, 2011



- Course material fascinating... very relevant and well presented. Recommended.
- Excellent speaker & knowledge base... practical... enjoyed it very much
- Far more practical than many others, more useful to my daily practice
- Great adaptation to busy FP practice... relevant to many personal & clinical situations... fun.
- Great... don't change it
- I would rate it highly.... interactive ... not didactic.
- Very informative and useful... a very well run CME
- Most practical in dealing with issues commonly seen in primary care
- One of the most relevant [workshops] I've attended for effectiveness as a healthcare provider, partner, parent, friend
- Practical, practical, insightful
- Recommended.
- It will improve your life, your marriage, and your patients' lives.

What family physicians say (continued) ...

- Provided useful, practical tools I can use tomorrow in my practice.. Everyone needs to know & use this
- Relaxed, small group setting, free to speak, ask questions. Very personable, knowledgeable team.
- Very helpful in practice
- Personable, relevant & fun.... excellent!

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Provided useful, practical tools I can use tomorrow in my practice.
Everyone needs to know and use this

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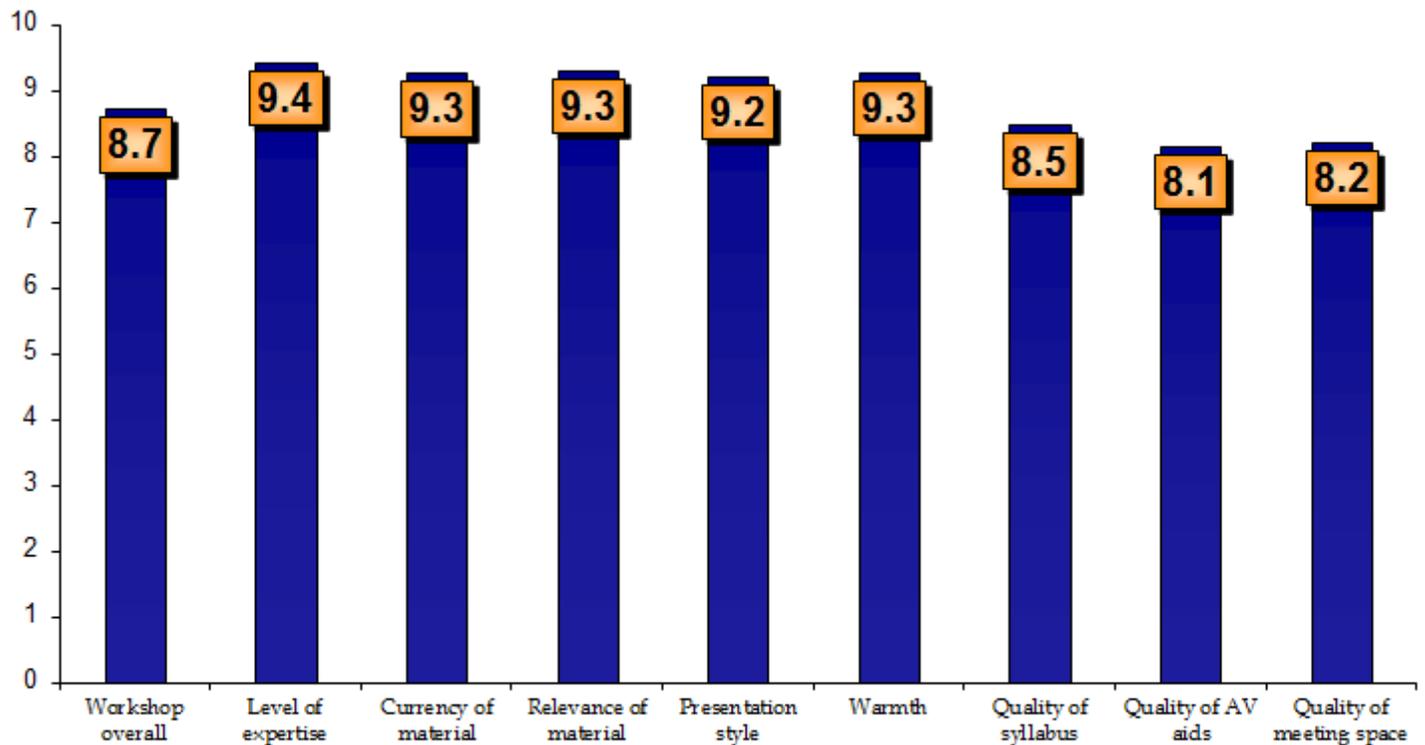
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April 9, 2011



- Evidence-based and highly practical
- Very realistic portray of what we do everyday and how to use CBT given our constraints
- Engaging use of humour
- Makes a difficult subject manageable
- Very worthwhile
- Very engaging, animated and humorous presentation style
- +++ credibility of presenters
- Practical focus
- Very relevant to family practice
- Informative and helpful
- Excellent expertise
- More innovative & thought provoking than other CME
- Enjoyable and practical
- Excellent
- Relevant to any family medical practice

What family physicians say (continued) ...

- Excellent course
- Extremely important materials
- Very interactive
- Very current information clearly presented
- Very practical and useful in family practice. Recommended.
- I really liked it and would like to learn more
- Good style and sense of humour
- Relevant to our practices and relevant to our own lives

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Relevant to our practices and
relevant to our own lives

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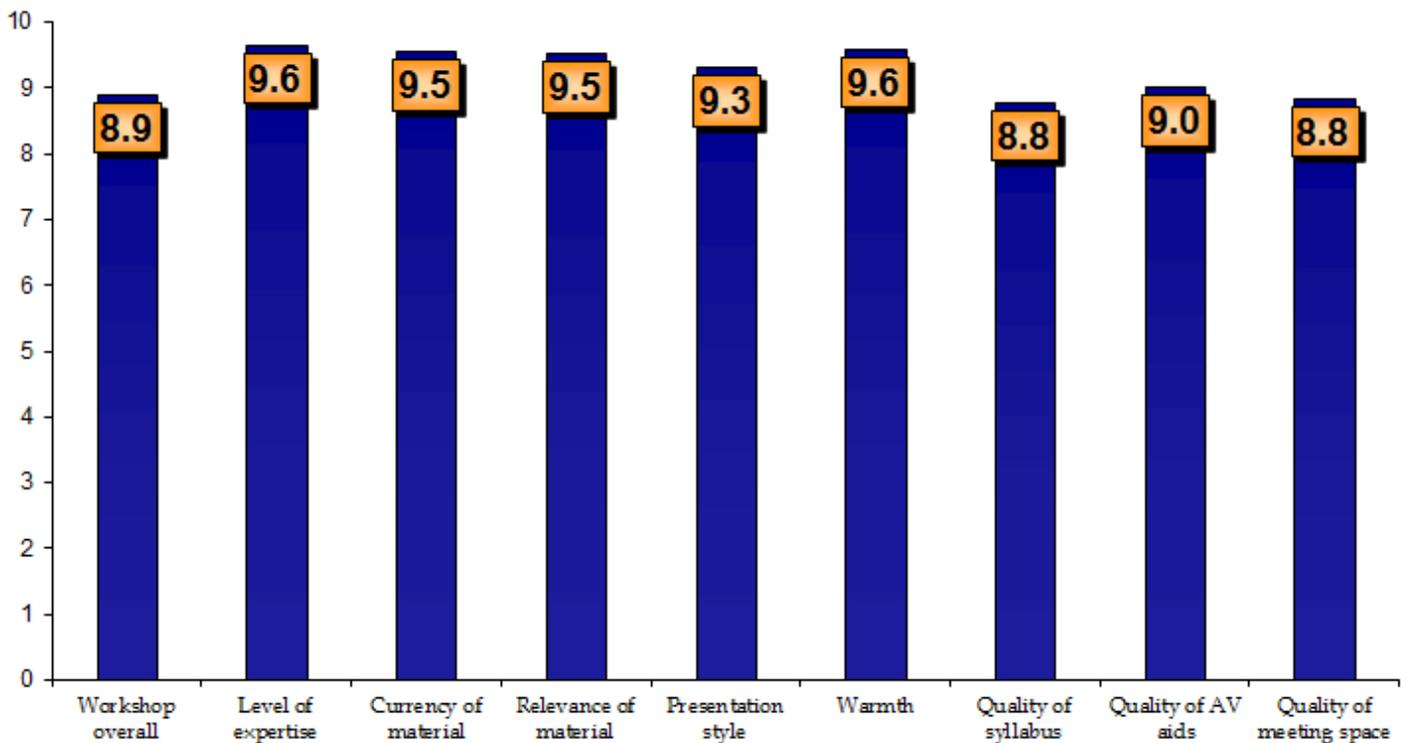
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May 5, 2011



- Very practical tips... very relevant to my practice
- Organized & concise... great delivery
- Excellent... evidence-based with clear references
- Excellent slides
- Very informative... very interactive session
- Approachable, with entertaining dialogue
- Light-hearted and interactive... excellent
- A great deal of information well organized
- Very interactive
- I can use this stuff in <10 min in my office
- I learned a lot
- Lots of information... good learning
- Very useful information for family practice
- For sure I'd recommend this workshop to a colleague... great & useful information
- Very organized
- Very knowledgeable speaker
- More interactive & less formal than other workshops

What family physicians say (continued) ...

- Great syllabus
- Unbiased information
- Very interactive... excellent presentation
- I'm very satisfied—looking forward to sharing & implementing tools
- Among the best workshops I've attended
- Engaging speaker with practical information
- Very helpful for practice... excellent!!
- Aware of realities of family practice and limited time with patients
- Excellent and useful—I plan to do more
- Definitely recommended... useful in many aspects of family practice
- Could not be better

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Aware of realities of family practice
and limited time with patients

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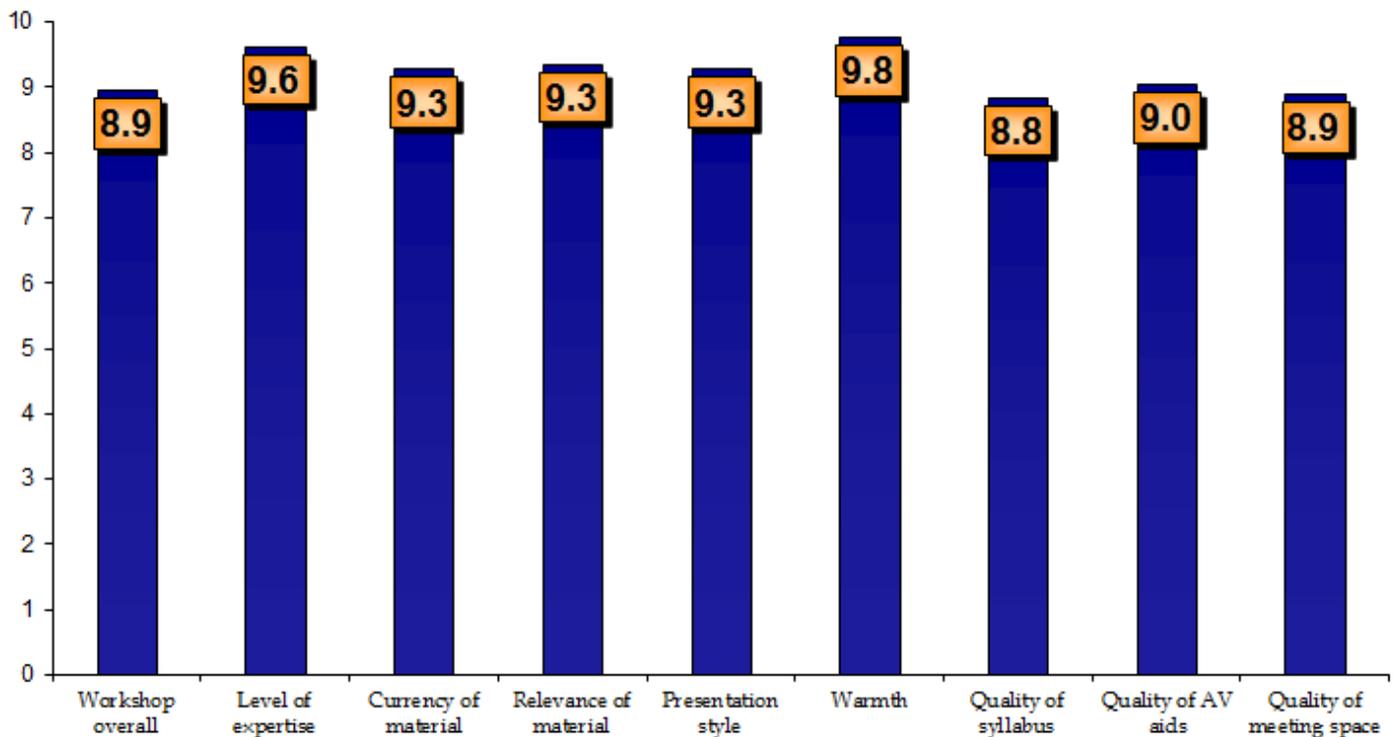
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May 6, 2011



- Such a big part of family practice... I wish CBT was taught in undergrad
- Relaxed & friendly... well organized... excellent
- Very educational... useful skills ... superb
- Relevance +++
- Material simple & easy to understand
- Excellent... some very practical, useful tools that are relevant to many patients
- Organized & concise... great!
- Practical & helpful to patients in real world
- Knowledgeable and enthusiastic
- Systematic & organized yet flexible
- Lot of humor—inspiring
- Up-to-date... very well presented
- Enjoyable & educational
- Cheerful presenter (+ knowledgeable)
- Lovely, personable
- Lots of time for questions/ interaction

What family physicians say (continued) ...

- More entertaining than other workshops!
- Enthusiastic, faced-paced & entertaining
- Practical ... simple & relevant... excellent
- Very interactive, very enthusiastic presenter... extremely informative
- Among the best workshops I've attended
- Engaging presenter ++... very relevant material... practical tips for everyday practice
- Very useful... very much enjoyed the workshop!
- Should be mandatory training for all GP/FPs
- At the top of the workshops I've attended
- Excellent group dynamics... superb workshop
- Very useful
- Extremely relevant & helpful

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Should be mandatory training

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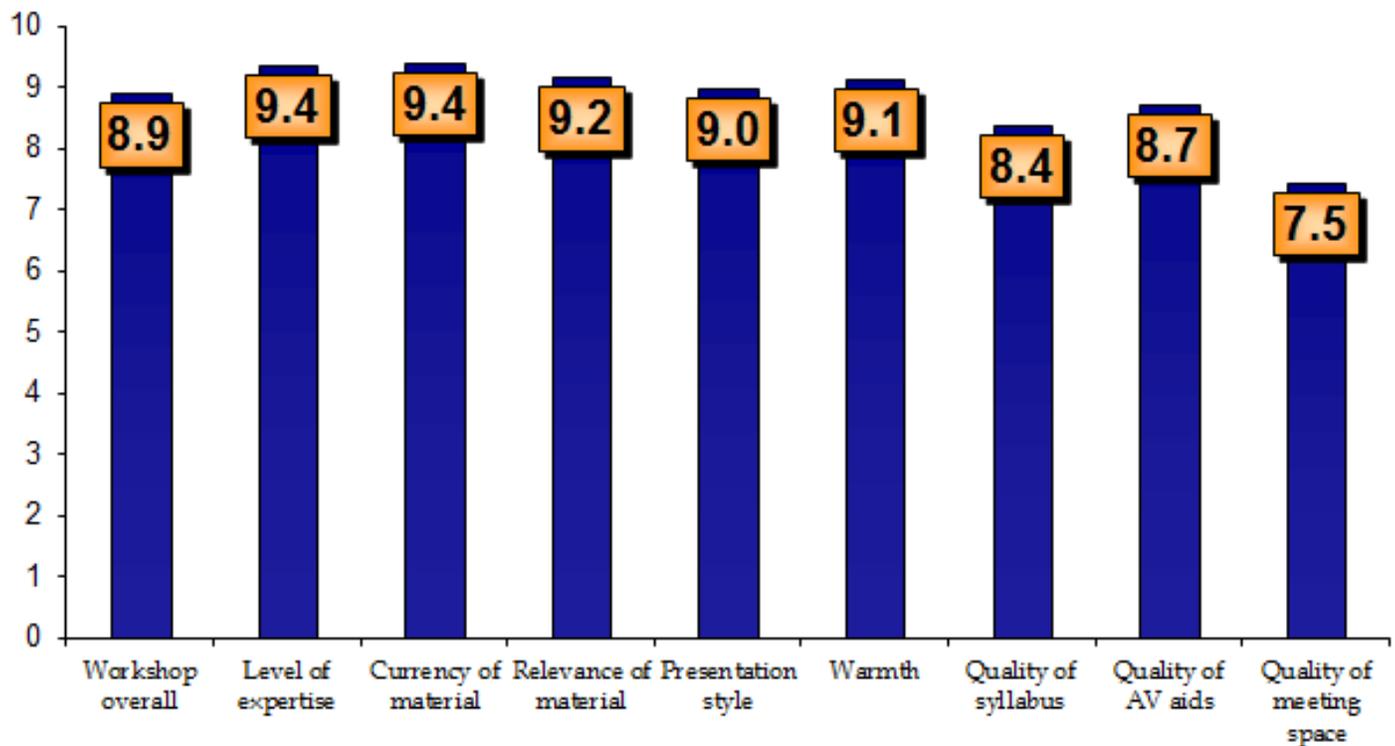
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June 9-10, 2011



- One of the most enjoyable workshops ever
- Learned a lot! Will definitely change my approach to things
- Excellent—very practical
- Definitely an above-average CME experience... I will recommend it highly to colleagues
- Absolutely recommended—very applicable to many scenarios of family medicine
- Remarkable expertise... brilliant workshop
- The best workshop I've taken so far
- Informal, approachable and comfortable style
- Excellent course... definitely recommended
- Such a relevant topic to family medicine
- More interactive & interesting than most workshops
- Very helpful... the best workshop I've taken
- I came hoping to learn a bit about CBT... I instead was presented with an abundance of tools and ways to implement them... far exceeded my expectations

What family physicians say (continued) ...

- Warm, personal & interactive
- [The speakers] really know & understand this material & the field... very helpful suggestions, recommendations, references & techniques
- The best workshop I've ever attended
- Very interactive... very competent speaker
- Good value for money—great to go to a meeting with no drug firm logos
- Material not covered in other CME
- Lots of useful examples
- Solid information—relevant, evidence-based, and experience-informed
- I had a lot of fun
- Practical & practice-changing
- Time & money well-spent
- Addresses many commonly-encountered conditions... extremely well organized and effective presentation
- At the top of workshops I've attended
- Relevant, useful and practical
- Very respectful
- Relaxed & informal with good use of humour
- Will make me a better physician
- Excellent “hands on” techniques
- Absolutely recommended

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Will make me a better physician

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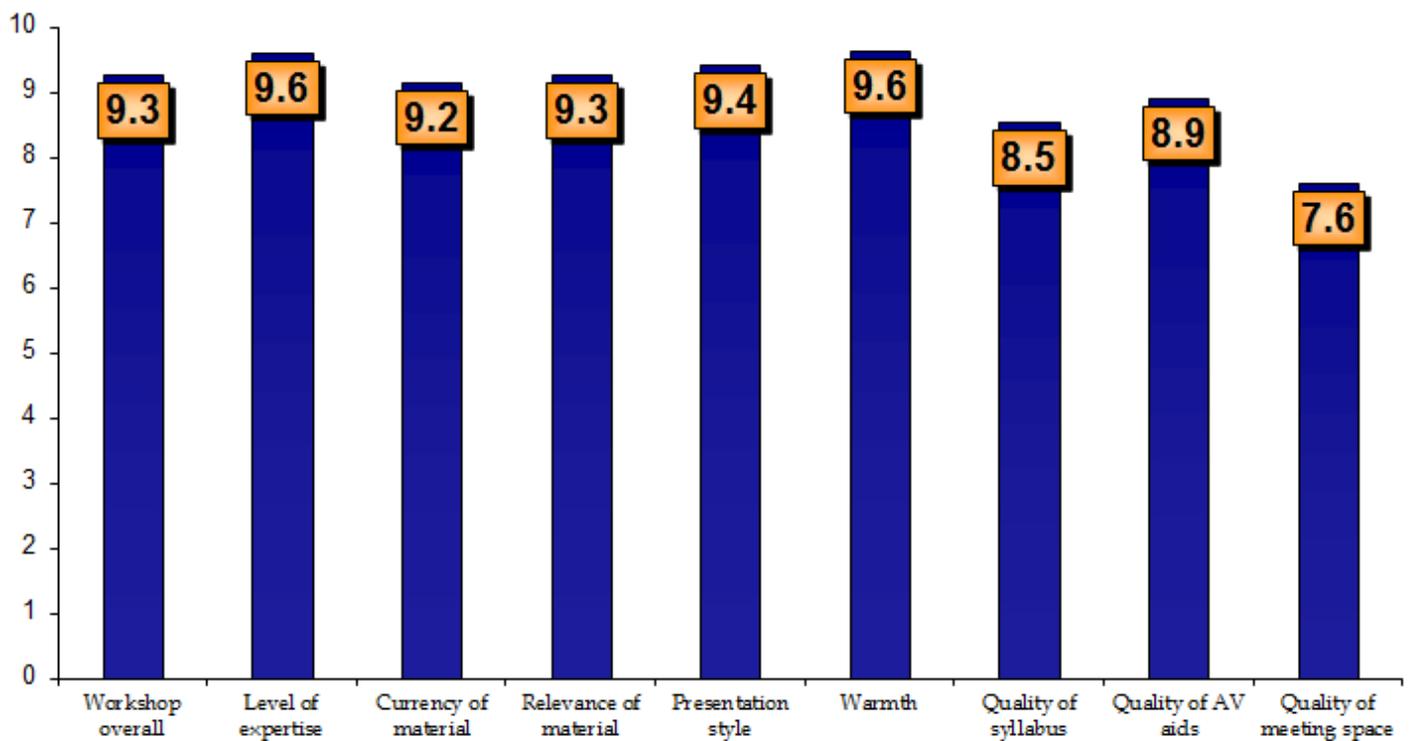
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June 16-17, 2011



- Very inspiring
- So practical—pure learning for me
- Very applicable to all aspects of practice
- Very knowledgeable... listened & respected opposing views... was able to carry all the participants along
- Breaks my expectations
- Much better than other CME... great practical tools that I can put to use tomorrow.
- Excellent opportunity for comments & questions...
- great, expert speaker
- Lots of useful tools—can't wait to apply
- Practical, powerful & self-evolving... will prevent premature aging [!]
- Refreshing rejuvenating CME
- I would definitely recommend this
- Simple tools to integrate into practice
- Much more relaxing than other CME
- Very applicable... useful & not cumbersome

What family physicians say (continued) ...

- Very thought-provoking
- Good learning experience... undoubtedly will influence my practice
- Very good & helpful
- Refreshing—an approach that is evidence-based and makes sense... directly applicable to almost all patient encounters
- I would absolutely recommend this—great skills for dealing with patients who are tough
- Excellent learning experience... very relevant
- Overall excellent and worthwhile
- Relevant... ready for use immediately
- Fantastic, relevant, interesting, encouraging
- I feel blessed for having attended
- Impact factor 10.0 !!

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Practical, powerful & self-evolving...
will prevent premature aging [!]

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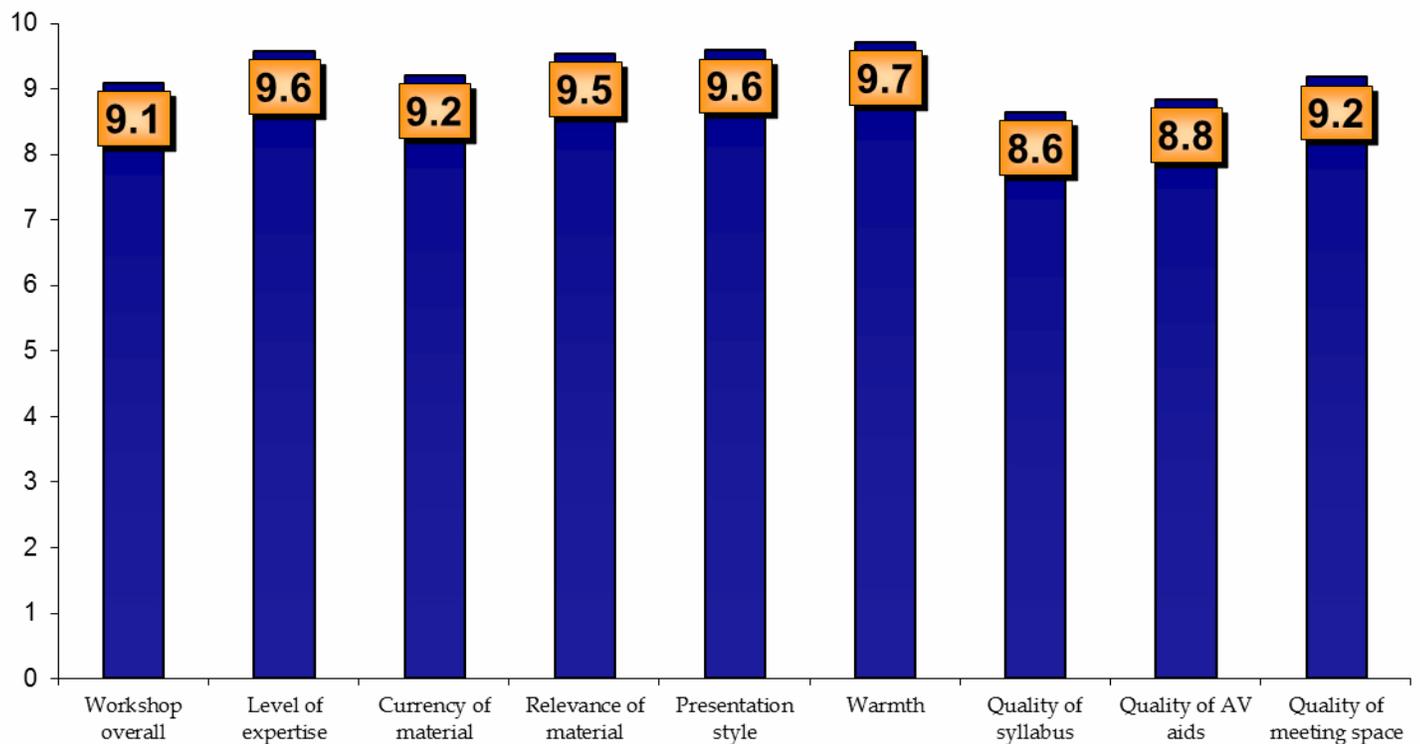
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July 11-14, 2011



- Top 5% of the CME I've attended... very practical
- Great informal style!
- I enjoyed this course immensely. It's one of the best courses I've attended. I highly recommend this for all family physicians, and it should be mandatory for medical students and residents.
- Consistently useful material with knowledgeable, experienced presenter.. much better than usual CME!
- Dr. Dubord has finger-tip facility with all the relevant facts... These tools are vital for every practitioner
- Clear tools and excellent examples
- Lots of correlations with the reality of our practice
- Very relevant to daily practice
- Enjoyable pace & style
- Specific, practical, take away techniques for the office setting
- Fantastic presenter... keeps audience engaged throughout workshop
- Excellent workshop
- Very practical... I would absolutely recommend this workshop to a colleague
- More dynamic and fun than other workshops

What family physicians say (continued) ...

- Much more practical information than other CME
- Very concrete skills in helping my patients with mood and anxiety disorders as well as basic life problems
- I am always a reluctant CME'er as the topics or presentations tend to rehash 'more of the same' without any earth-shattering changes. But I found that with using the CBT techniques I noticed an immediate shift in patient perception and activeness
- Very practical
- Excellent... useful in ALL aspects of medicine
- Excellent update on current data... great awareness of the time limitations of the family physician

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I would absolutely recommend this workshop to a colleague.

— Peter Eddenden, MD
Oakville, ON

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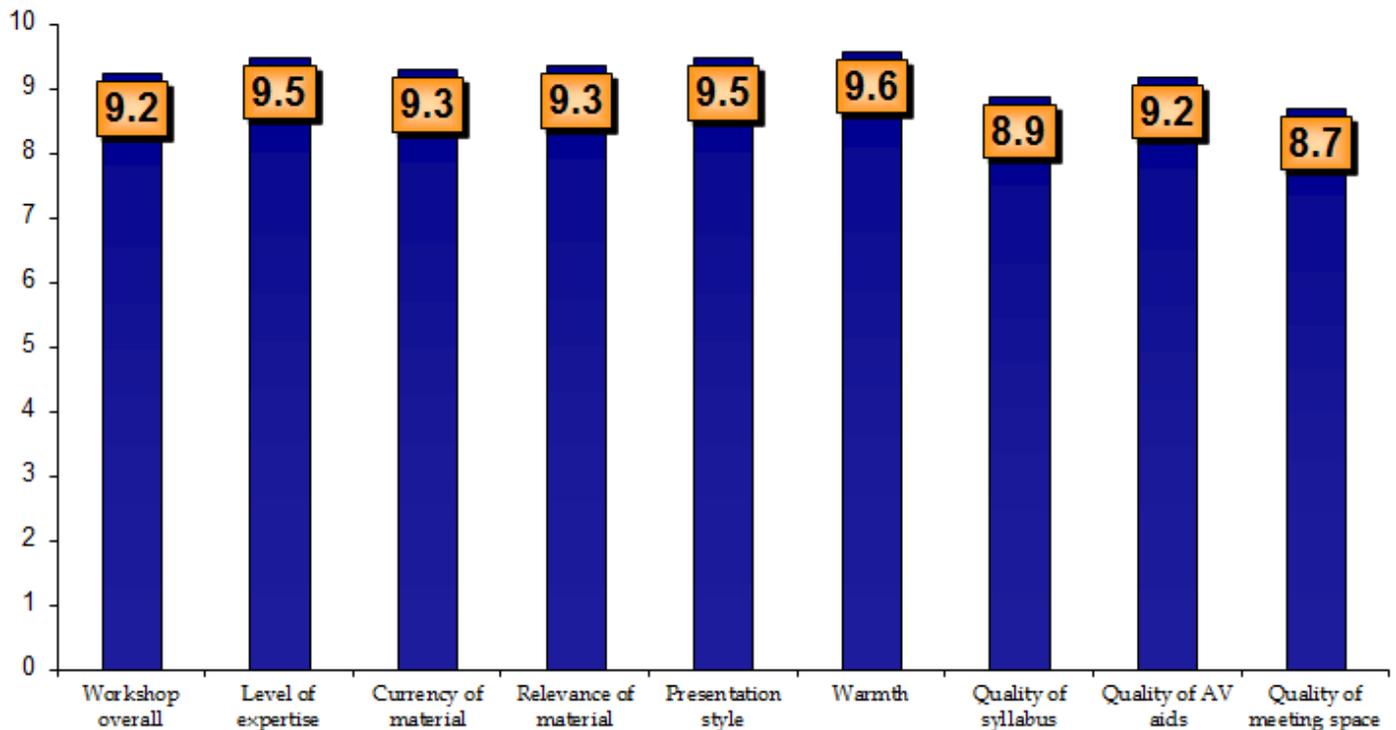
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July 26-29, 2011



- Absolutely recommended. Should be taken by EVERY family doctor. Needs to be integrated into residency training.
- The best CME experience in 25yrs of clinical medicine... will change the way I practice for sure.
- Excellent speaker... makes learning fun and applicable ... very useful and practical
- Very practical, hands-on
- The most useful & practical workshop/conference I've ever attended! Definitely recommended. This is not a workshop to be missed!
- One of the best and most relevant workshops for daily practice.
- A friendly, entertaining presentation... a great time. I will definitely use these techniques and my practice will be changed.
- Warm & friendly presentation... a good workshop for personal reflection and understanding
- Practical material presented in a clear way using memorable examples. This workshop will really give you some great ideas on dealing with everyday patients AND it was really fun!!
- Practical and useful. Takes into account our time limitations. Very applicable and practical!!

What family physicians say (continued) ...

- Highly interactive
- Candid, frank, funny, practical, evidence based, well organized & on-time
- Interactive, insightful and relevant. Well worth the time, with an excellent R.O.I.
- I really enjoyed this workshop, and I'm excited to use my new skills in practice
- So much better than other workshops!
- Dynamic, educational, and fun.
- Very positive, very enlightening, very good... I cannot think of anything to make it a better learning experience. You must go!
- Very engaging. Very interactive and interesting.
- One of the best workshop I have attended... no, actually THE best!
- Very friendly lectures... very useful
- I think the workshop is handled extremely well... I immediately employed the newly acquired tools into my clinical practice with surprisingly good results. The chronic complaining patients are emotionally much less draining
- Wow!! Dynamic, up-to-date, interesting, VERY relevant... well worth the time & expense [from Israel]
- Very helpful. Taught me new material in a straightforward way. I'll be able to take a lot back into practice.
- One of the better workshops I have attended... it really is worth doing... patients benefit

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Should be taken by EVERY family doctor.

— Christina Raimondi, MD
Winnipeg, MB

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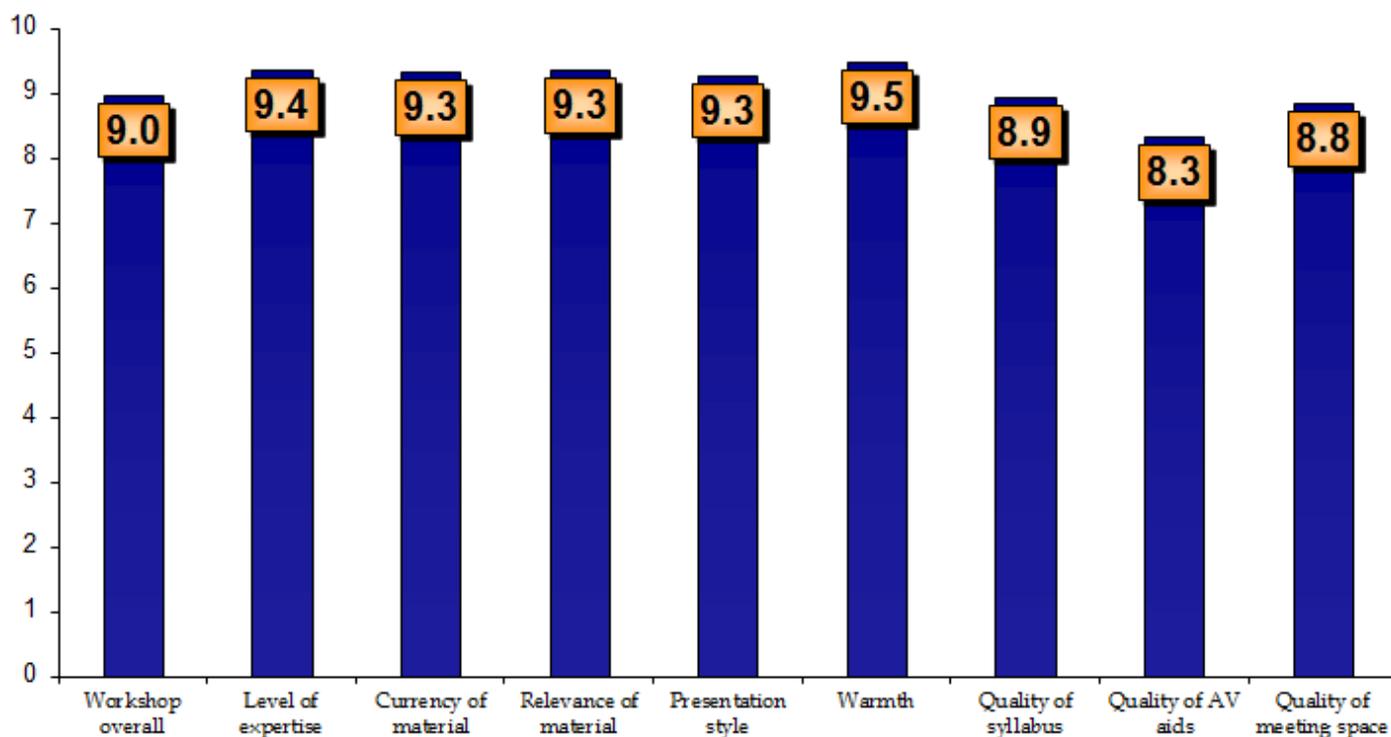
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August 2-5, 2011



- Applicable to practice in real world
- Better and more goal-oriented than other workshops. Good examples of how to do and how to say. Applicable.
- Awesome.
- Recommended. A good one.
- A lot more practical than I thought it would be... Great information taught in a practical and fun way. I left with a lot more confidence that I thought I would ever have doing CBT.
- It is not the “weird” stuff other practitioners use. It is something I can use with great effect and with confidence.
- Excellent. Easy going and straight-forward. Much more interactive and practical than other CME.
- Good program, good group of physicians, good discussions
- Excellent
- Amazing to have some fun as well. Recommended. Makes the treatment of most patients easier.

What family physicians say (continued) ...

- Interesting, fun, practical & practice changing, more so than ANY OTHER conference I've ever been to
- Very engaging and helpful. Superior to other workshops I've attended.
- Important topic, good presentation. Recommended.
- Simple and easy. Very practical and useful tools.
- Best workshop I've attended. Boosts confidence. Excellent.
- Great workshop. Very practical. Can be used in everyday practice. Recommended.
- Much better, interactive, dynamic, engaging speaker, didn't close my eyes once!
- Completely different. Very good. Very applicable to practice.
- Greg is well-informed, well-read, & articulate, and good at managing questions and group dynamics.
- Felt comfortable to share. Liked the small size and interaction.
- Very enjoyable. Lots of helpful suggestions. Very worthwhile. Learned lots. Recommended.

“

Much more interactive and practical than other CME

— Charlie Chen, MD
Port Moody, BC

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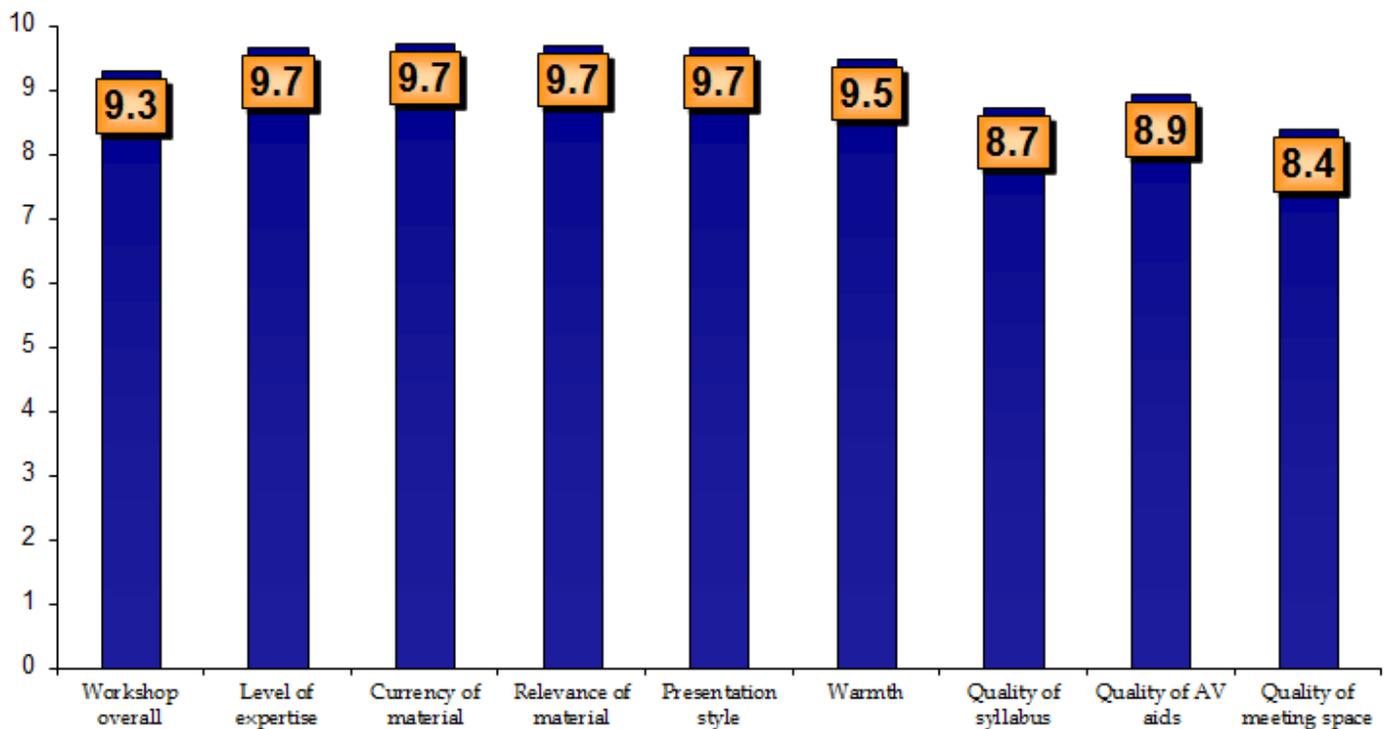
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August 20-27, 2011



- This is the best CME I've attended! Relevant & applicable. Absolutely recommended.
- Excellent! Well organized information.
- Very useful tools learned. Very relevant. Speakers highly knowledgeable with relevant clinical experience. Tool-based practical and not just theoretical.
- Recommended. Great course.
- Very excellent presentation style.
- Excellent techniques... very useful. Recommended.
- The best workshop I've attended.
- Practical & efficient
- Great interactive sessions. Casual & comfortable hands-on workshop, with useful tools to take back to your practice. Recommended.
- Great topic, very relevant to family practice. Recommended.
- Dr. Dubord has a really very fantastic presentation style. Much more practical than other workshops!! Actually has tools that are practical!!

What family physicians say (continued) ...

- Practical tools... it could *definitely* change your practice.
- I enjoyed the relaxed informality of the workshop
- For the first time I feel comfortable with CBT. I honestly don't know how I survived family practice before.
- Recommended. It is worth it.
- A very good workshop
- Very practical for daily practice
- Interactive CME. Plenty of time allowed for Q&A.
- A really practical area we really need to be trained in to be ready to deal with day-to-day practice
- New information that is very applicable to my practice. I wish this had been taught in medical school.

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I honestly don't know I survived family practice before.

— Nerine Kleinhans, MD
Kindersley, SK

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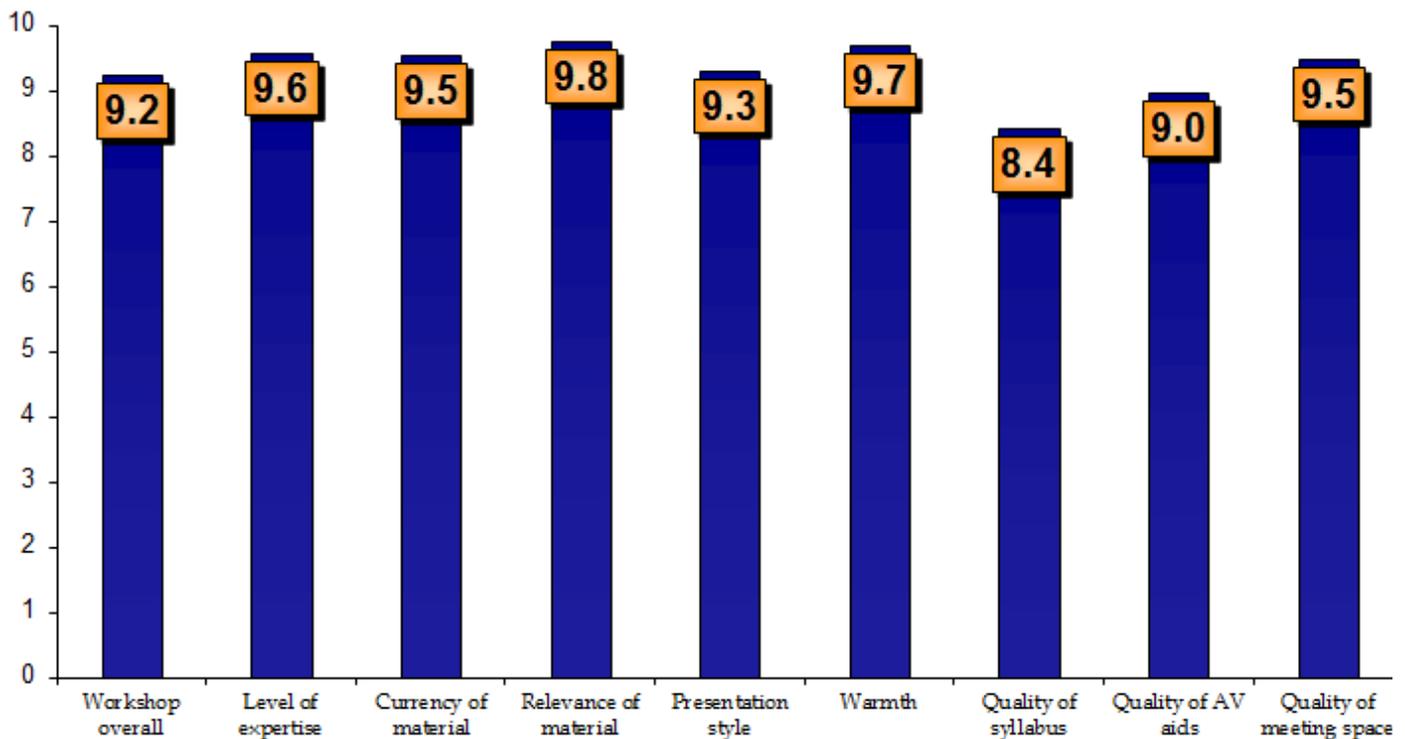
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September 8-10, 2011



- Better than most CME.
- Practical both professionally & personally.
- Highly practical for primary care. Should be a mandatory part of the medical curriculum.
- Very current and excellent expertise. This is an excellent, practical course which you can apply in day-to-day office practice. You should attend.
- Very practical... a significant number of participants want to pursue more formal training... something is going right
- It is great to be learning such valuable counseling skills, that I can really use. The approach fits with how I like to see the world but I hadn't known how to do much more than supportive (4 letter word!) therapy. I have come out of both workshops feeling as if I can be much more effective in my interaction with patients and I think that at least some of the time, I am.
- Very practical, useful, down to earth, and fun
- Very informative and helpful.

What family physicians say (continued) ...

- Very practical and very useful for everyday practice. Recommended.
- Well presented and informative... VERY practical & useful tools that can (and should) be used regularly by most doctors
- Dynamic and engaging... so practical and useful... very therapeutic... well worthwhile
- Presented in steps & stages with good reinforcement. Very useful for motivating difficult patients.
- Really enjoyed the cartoons!
- Very helpful for the quick appointments
- Completely free of bias.
- Lots of humour; relaxed style. Definitely recommended. Relevant and almost essential.
- Excellent... very valuable for everyday practice

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An excellent, practical course which you can apply in day-to-day office practice.

— Stan Reddy, MD
Bathurst, NB

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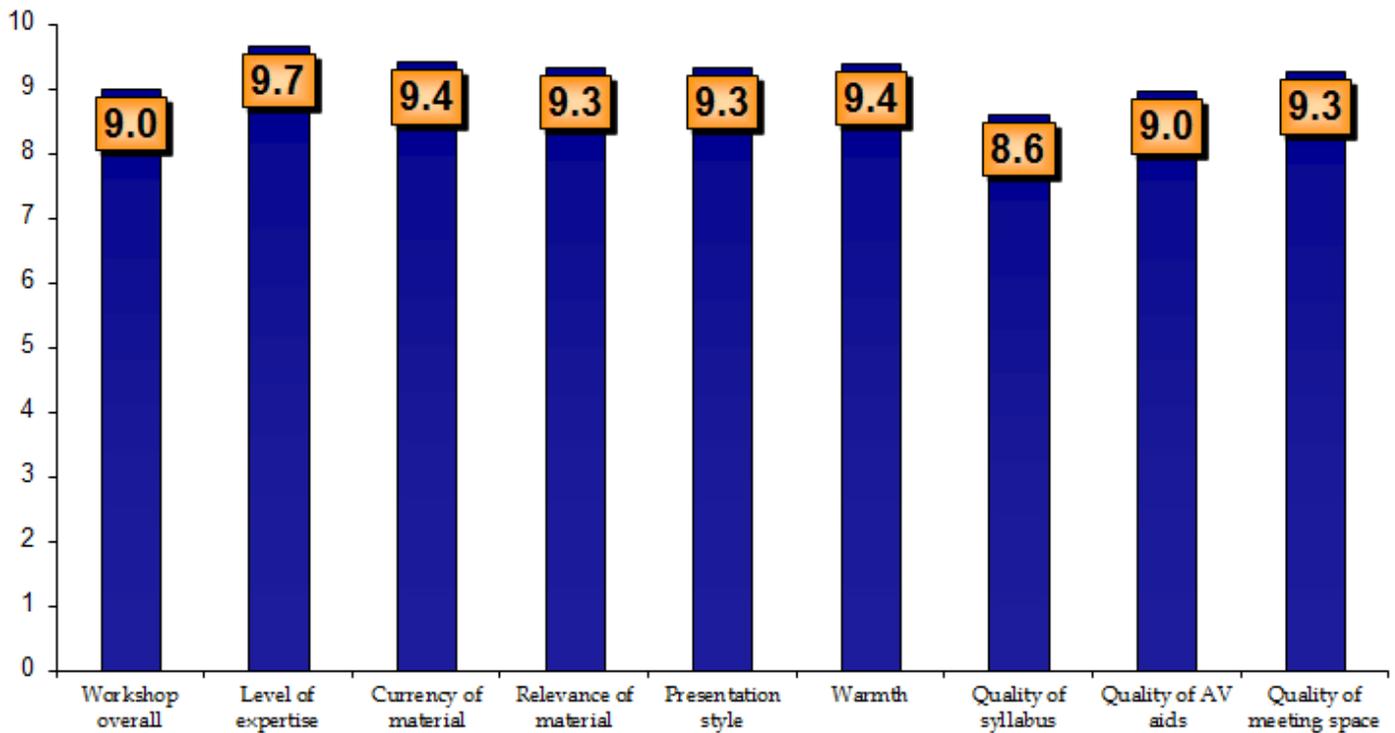
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September 15, 2011



- Recommended. You owe it to yourself. You owe it to your patients.
- Far more relevant with practical tools than other CME workshops I've taken... recommended!
- Excellent—I can use all of these strategies EVERY day... it's practical, time efficient & helpful for real change! Recommended.
- Practical suggestions for use in limited time
- Very helpful in treating chronically-ill, depressed, stressed, etc.
- It gives me specific tools to use with patients who in the past have frustrated me in their inability to move on.... I believe that it was an excellent working experience and can think of nothing that would improve it.
- Drastically different from other CME.... very effective... certainly recommended
- Practical advice from a dynamic and passionate speaker. Can be applied to many aspects of everyday practice.

What family physicians say (continued) ...

- Much more practical than other CME workshops... applicable to GP office visits
- Excellent... recommended
- Very practical... lots of examples... can relate to it. Excellent presentation! Recommended.
- Makes you think more clearly about improper thinking
- Excellent... practical... recommended for sure
- Very appropriate to my practice... increased my confidence with tools to deal with many patient encounters... recommended... get wise & informed
- Very practical... this seminar will change your practice!

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Recommended. You owe it to yourself. You owe it to your patients.

— Helen Chang, MD
Regina, SK

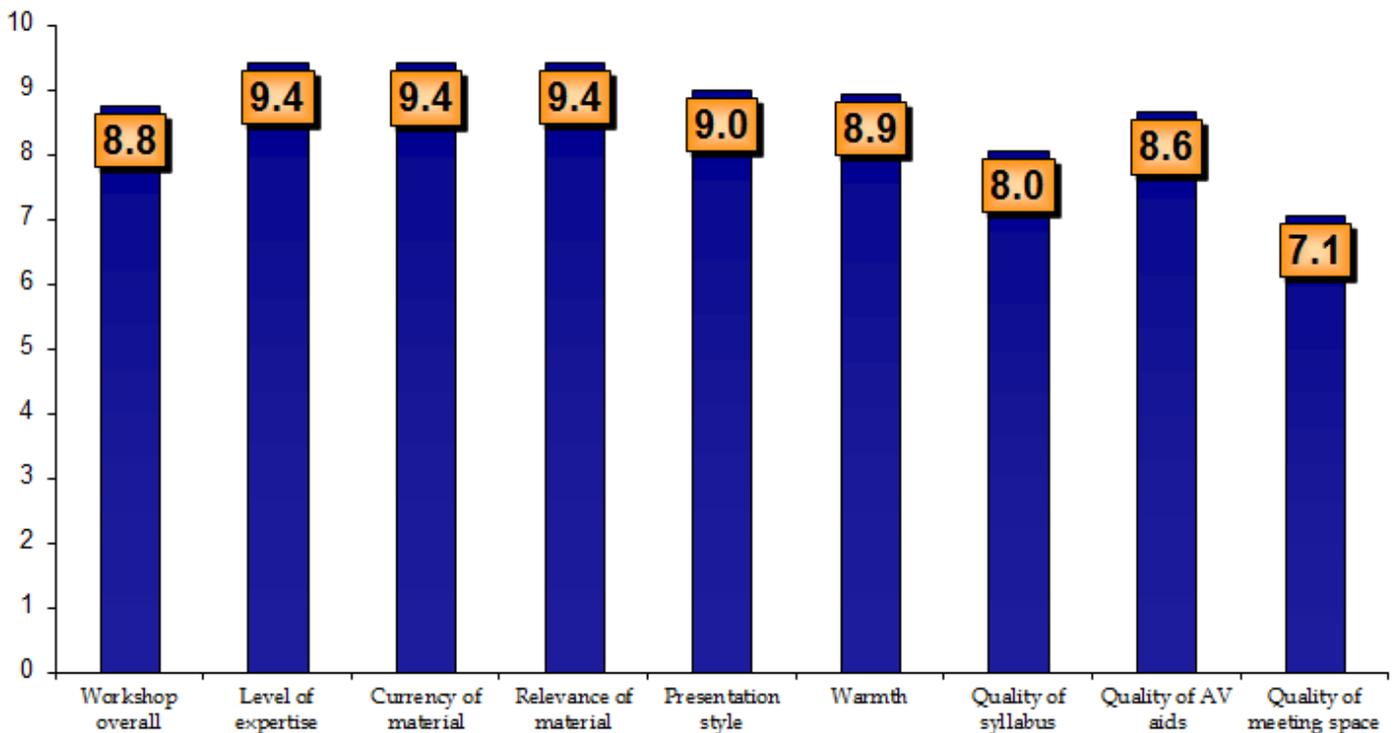
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September 19-20, 2011



- By far and away the best CME on this topic
- Practical for 10 min appointments... recommended
- Extremely practical. Evidence-based tools vital to use in office practice. Definitely recommended.
- A great course to learn CBT and apply it to your practice immediately
- The best workshop I've ever had on CBT
- Excellent. A must-go-to course.
- Very practical and relevant
- Very practical... good tips on how to deal with those high-maintenance patients
- Very practical. Recommended.
- Teaching family practice residents would be valuable!!!
- Loved this -- great balance between didactic & interactive
- I will use this a lot... recommended.
- Useful, practical ways to effect change

What family physicians say (continued) ...

- Overall a worthwhile workshop and I'm glad I attended.
- Extremely practical. For most points I could think of at least one patient for whom it could be immediately applicable. Absolutely recommended!
- able to use the ideas every day, with almost every patient
- Very practical... provides tools to help you deal with the blocks that patient put up every day... recommended
- Very helpful
- Helpful tools. Recommended.
- Much more practical than most CME. Do attend this excellent and very widely applicable workshop.
- Interactive & playful... practical & enjoyable.. absolutely recommended
- More tools for the toolbox!
- Skills required at EVERY patient encounter... every family doctor should understand this
- Thank you - this was an excellent workshop and I look forward to attending more!
- Very practical
- Very relevant tools from common complaints encountered in the office... recommended
- Much more engaging than other CME... will really use it on a daily basis... I learned so much!
- Totally relevant... very practical... you gotta take it
- I wish I had taken this 10 years ago!!

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Excellent applicability. The most useful CME ever!

— Susan Burgess, MD
Vancouver, BC

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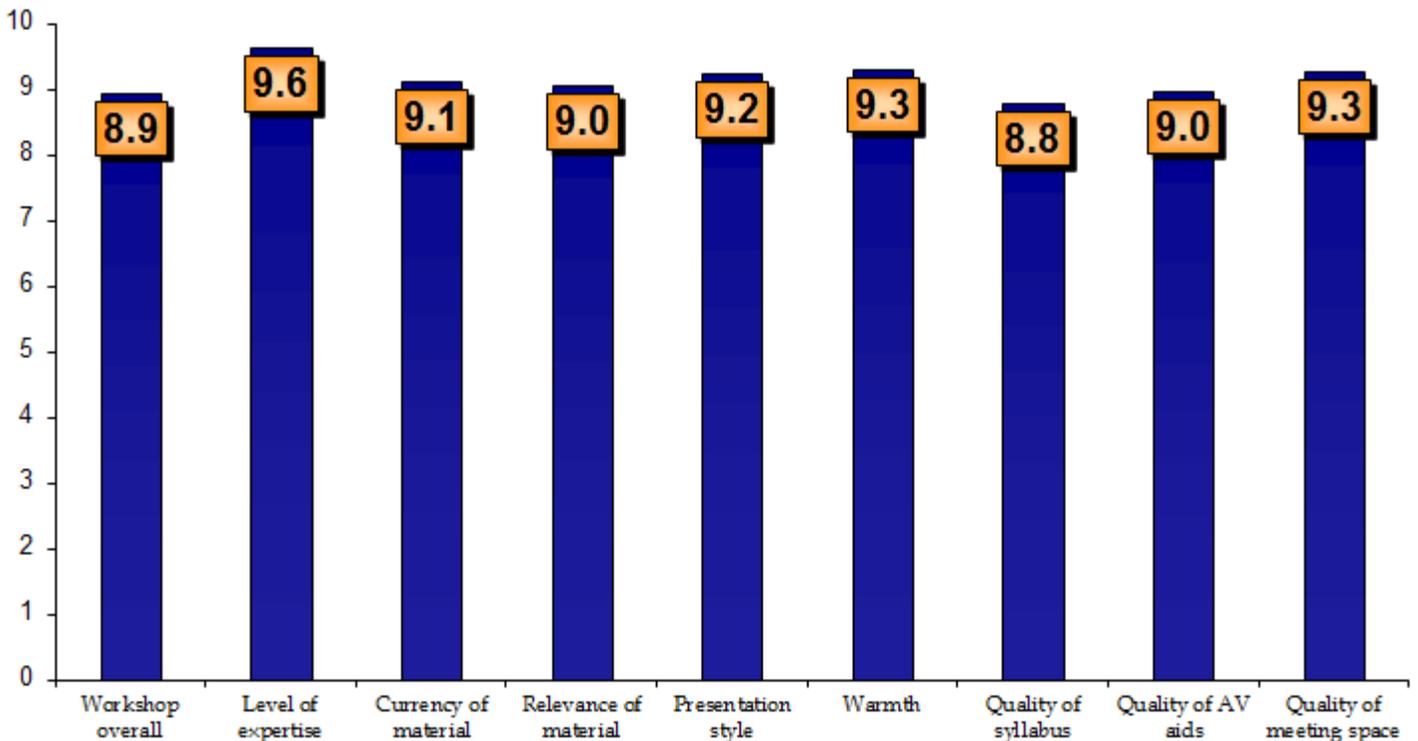
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September 22-24, 2011



- Fun style; lively & great. Enjoyed it very much. Very relevant clinically... more practical than other CME workshops
- It improved my everyday practice amazingly.
- Very practical. The skills I learned can be immediately applies in my daily practice. I wish I'd learned these tools years ago.
- Very helpful
- Fantastic... the most practical workshop I've taken for my medical practice, family & marriage, & personally.
- Very informative, relevant and interactive... an excellent seminar. Recommended.
- Excellent!
- A lot of fun. It will be just as helpful in my personal journey as in my practice... above the 95th percentile!
- Very practical... lots of pearls
- Practical... interesting... thought provoking
- Very practical

What family physicians say (continued) ...

- I really enjoyed the program and will be back.
- The most practical workshop I've taken. Absolutely recommended.
- Very practical. Absolutely recommended.
- Wide options for use in nearly all patient encounter--and life in general!
- Extremely practical. A very useful course teaching you skills you can use daily.
- Practical strategies to implement in your clinic immediately upon your return to work! Recommended!
- Excellent & very practical... and entertaining too!
- Very practical. Needed in daily practice.
- So very practical in every day, for any consultation walking thru the door! An excellent, succinct course. Brilliant teacher, easy to understand... and very very enjoyable
- Do it... definitely worth it

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The most practical workshop I've taken. Absolutely recommended.

— Glenna Ramsay, MD
Edmonton, AB

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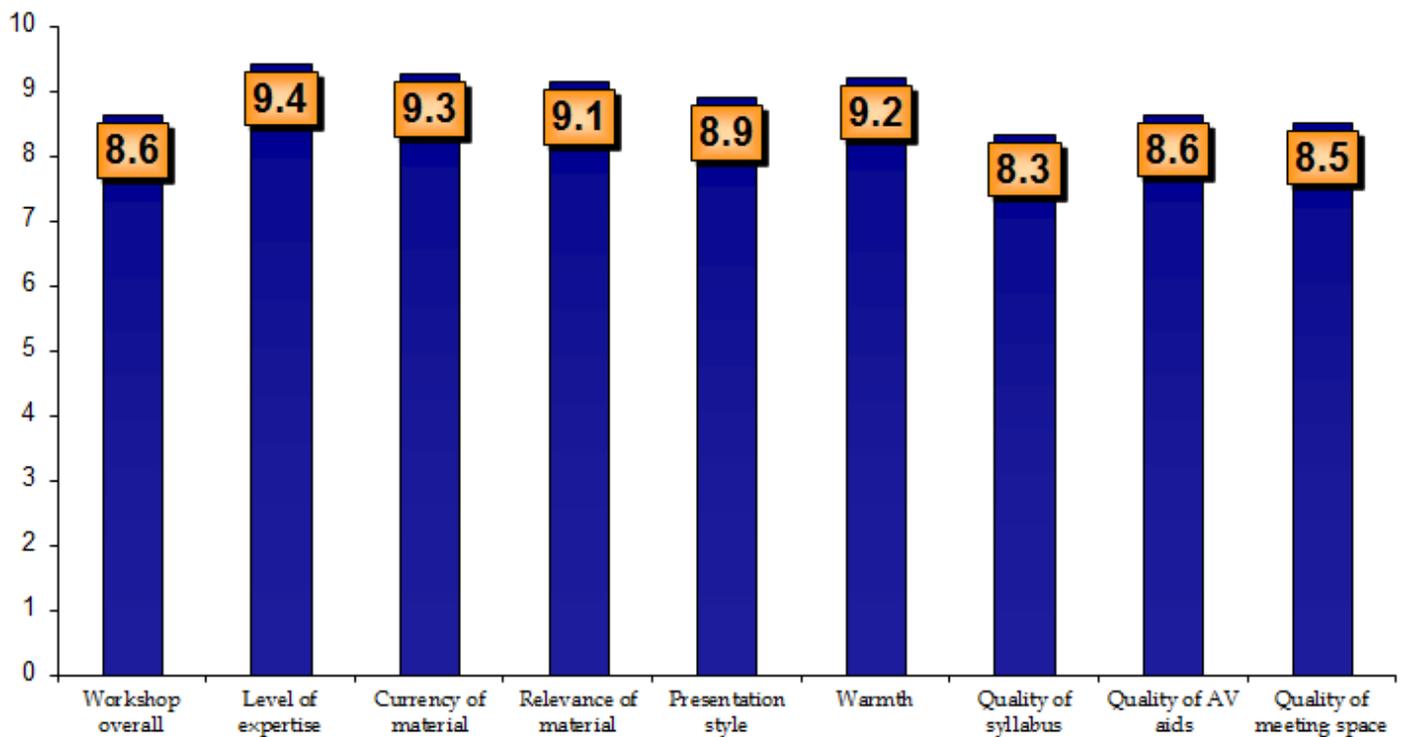
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November 4, 2011



- Top 5% of the CME I've taken over the years
- Obviously a very "deep" resource. Very useful & practical, especially for "short" interventions. Absolutely recommended.
- Fascinating! Elements VERY useful in ANY medical practice
- Concise and to the point... excellent
- Practical. Recommended.
- Expert teaching... I'll be back
- Interactive and practical
- Very useful. Great tools for primary care. Greg is a great speaker for adult style of learning
- Consistently useful material with knowledgeable, experienced presenter.. much better than usual CME!
- Highly applicable. Brief CBT for everyday practice. Recommended.
- Higher quality than other CME
- Very helpful

What family physicians say (continued) ...

- Easy to listen to, interesting, knowledgeable
- Very detailed & comprehensive... very useful
- Very helpful
- More practical than other workshops
- Excellent
- A very good course
- Engaging & entertaining
- Absolutely free of industry bias... excellent content
- Very practical
- Very useful... essential training for general practice
- Most of it useful for my DAILY office practice
- Gave me the basic tools to incorporate CBT into my practice in an effective and time efficient manner.
- Very good information made simple
- Good format & excellent material... extremely good

“

Top 5% of the CME I've taken over the years.”

— Barbara Stubbs, MD
Toronto, ON

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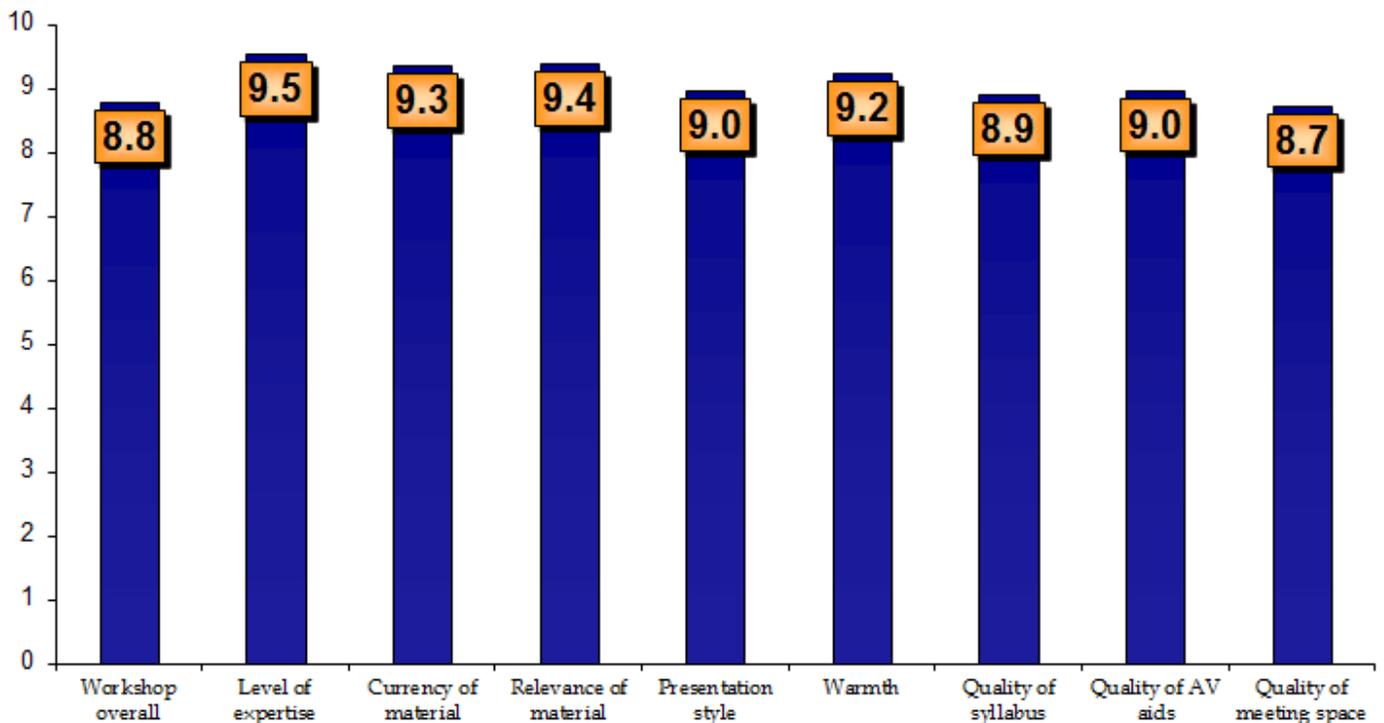
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November 5, 2011



- Eleven (out of ten) relevant
- Concise and to the point... excellent
- Very detailed & comprehensive... very useful
- Interactive and practical
- VERY helpful concrete tools... excellent
- Wonderful, dynamic presentation. Love the use of humour. The most useful workshop that I have ever attended. Please keep them up!
- Very applied and practical ... more useful overall
- [than other CME]
- Highly-ranked
- State of the art audiovisual
- Consistently useful material with knowledgeable, experienced presenter.. much better than usual CME!
- Higher quality than other CME
- Easy to listen to, interesting, knowledgeable and practical
- Useful tools for every family physician

What family physicians say (continued) ...

- Funny & engaging style
- Practical, fun, comfortable and informative
- Fabulous syllabus--very impressive. Engaged, practical, and realistic. Very useful for a major part of our practice on a daily basis.
- More practical than other workshops
- Very helpful
- Good, practical, realistic, non-time-consuming tips
- Very good (mind-opening)
- Better than most CME
- To-the-point... super-practical
- Better than my usual CME
- Well-organized and up-to-date.
- Unique presentation style. A useful eye-opener.
- A very good course
- Engaging & entertaining
- Most of it useful for my DAILY office practice
- Gave me the basic tools to incorporate CBT into my practice in an effective and time efficient manner.
- Very accessible & very informative... high utility... no question it's recommended
- Good format & excellent material... extremely good

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Useful tools for every family physician

— Kalyani Srinivasan, MD
Fredericton, NB

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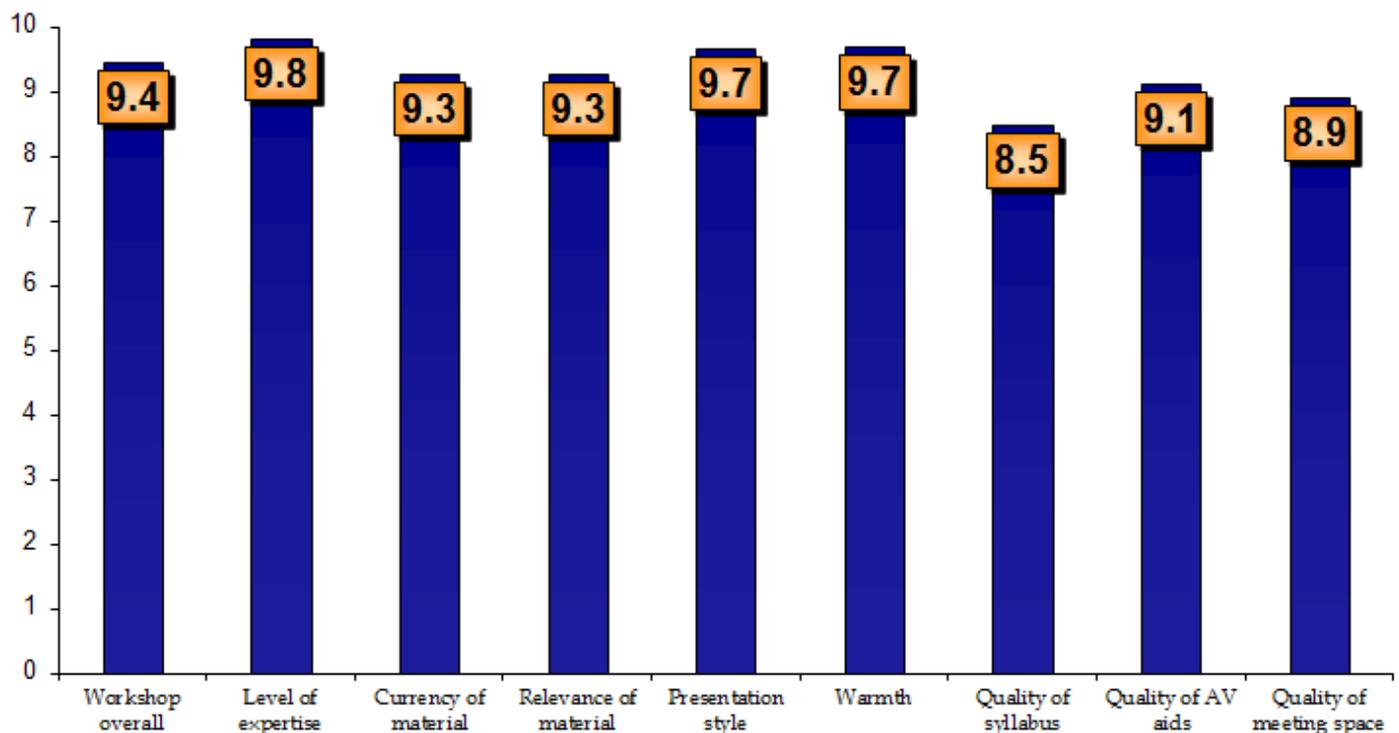
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September 21-23, 2011



- Much better than other CME... it gives you practical tools for a wide variety of conditions
- It was the best medical course I have ever attended... good for my practice and daily life as well.
- Concise, easy to use, and effective... one of the BEST CME workshops!
- Very good. Recommended.
- Very interactive. Able to address the unique & individual concerns of physicians.
- Applicable to all areas & styles of practice, particularly in family medicine... 10/10... absolutely recommended
- More useful than most CME. Something I can readily integrate into my practice. Absolutely recommended.
- I've done good & bad CME—this ranks with the best
- One of the most enjoyable and rewarding workshops ever! Warmth well-balanced with professionalism.

What family physicians say (continued) ...

- *Impressive! -- yet humble.*
- *User-friendly. Easy to apply in your practice.*
- *Excellent. Can't think of any significant deficiencies. Absolutely recommended.*
- *All that I expected and more. Absolutely recommended.*

“

I've done good & bad CME—this ranks with the best

— Kathryn Brown, MD
Whitehorse, Yukon Territories

CBT

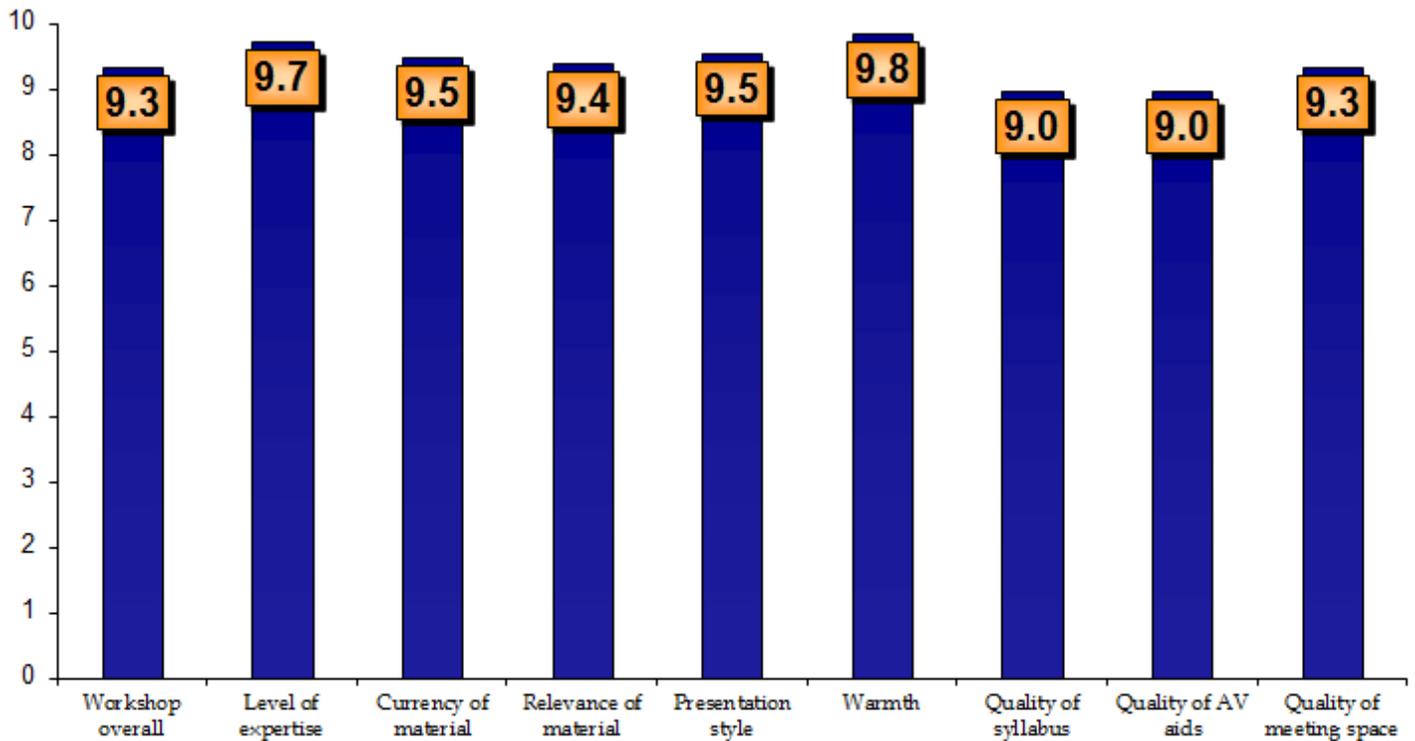
CANADA



supratentorial medicine



December 19-22, 2011



- Excellent... well organized... practical tools geared specifically at family medicine and its realities.
- Will have a significant impact on my practice.
- I am able to do more CBT with my patients... a great learning experience.
- I was very happy I attended this CME. It was an excellent one... 10/10
- High quality. Greg brings his personal touch to give the CME meaning.
- Interesting and engaging.
- I can see from the patients' response that the techniques are working... it is not just relevant to psychiatric cases but all cases including oneself and one's own family.
- Great experience... top-ranked.
- Up there with the best
- Very useful... very relevant to my practice... very highly recommended
- Very relevant.. Very helpful. Absolutely recommended.

What family physicians say (continued) ...

- Vibrant, enthusiastic & knowledgeable
- Great
- Interactive and engaging... great, relaxed style... encouraged participation... welcoming of ideas and opinions.
- Relevant to practice. Recommended.
- Great teaching style. Very approachable.
- Very useful... applicable to daily practice... recommended
- Interactive... comfortable atmosphere... very applicable to family practice. Definitely recommended.
- Excellent speaker--dynamic, puts others around him at easy--easy to ask questions, clear.
- VERY useful.

“

Very relevant. Very helpful. Absolutely recommended.

— Howard Rudner, MD
Toronto, ON

CBT

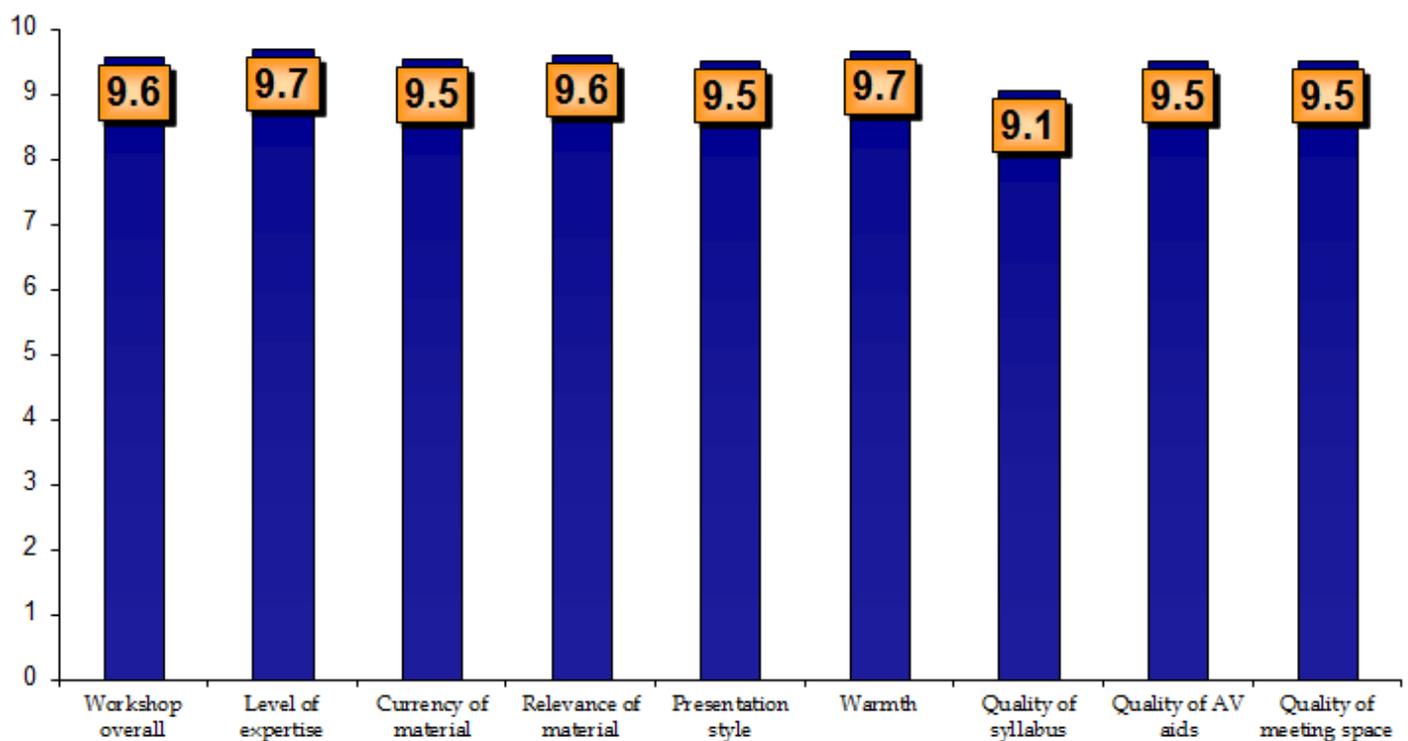
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supratentorial medicine



January 5-7, 2012



- Excellent throughout
- 10/10... It gave me a structured plan to help with the management of my depressed and anxious patients.
- I did not think I would learn so much.
- I enjoyed every day and I could not wait to see my first depressed patient to use my new tools.
- A comprehensive approach... before the workshop, my approach was based on common sense, without foundation or evidence. Useful CBT can offered in less time than I previously thought.
- A time saver. Strongly recommended.
- Can't imagine it being more fun!... Lots of ideas and tools... significant increase in comfort with "uncomfortable situations"... Keep up the excellent work.
- I feel I have a purpose in my patient interview - a direction, instead of just "active listening".
- A pleasure to experience the CBT workshop and look forward to attending again. Thank you for making this your mission - much needed for Family Medicine.

What family physicians say (continued) ...

- Lots of helpful information for real-life application.
- I no longer groan at the thought of CBT and even the most illiterate of my patients can benefit from CBT because it is all simply common sense. From the very first day back to work, I was able to incorporate this new form of CBT into my counselling.
- It will help me to use my energy more effectively with patients (less frustration for me)
- Group discussion and role-playing were very valuable.
- Medical CBT helps me accomplish more in less time... I didn't realize how much we could cover in a 15 min appointment... thank very much for a wonderful conference and vacation experience!
- My experience was very positive... 10/10
- I learned new skills in CBT that I used the very next week on my patients. These skills made a big difference in my patient management abilities
- It was an excellent learning experience - I can't think of anything to make it better... I plan to take more CBT courses in the future.
- Taught me lost of basic things that I should have learned somewhere in medical school but for some reason never did.
- Thanks for making CBT more understandable. It is usually the black box that everyone mentions at the end of their lecture, but don't talk about.
- Simple and easy to put into practice. Highly recommended.
- Highly recommended. Actually, I think it should be compulsory.

“

Highly recommended. Actually, it should be compulsory.

— Jannemé Frouws, MD
Kaslo, BC

CBT

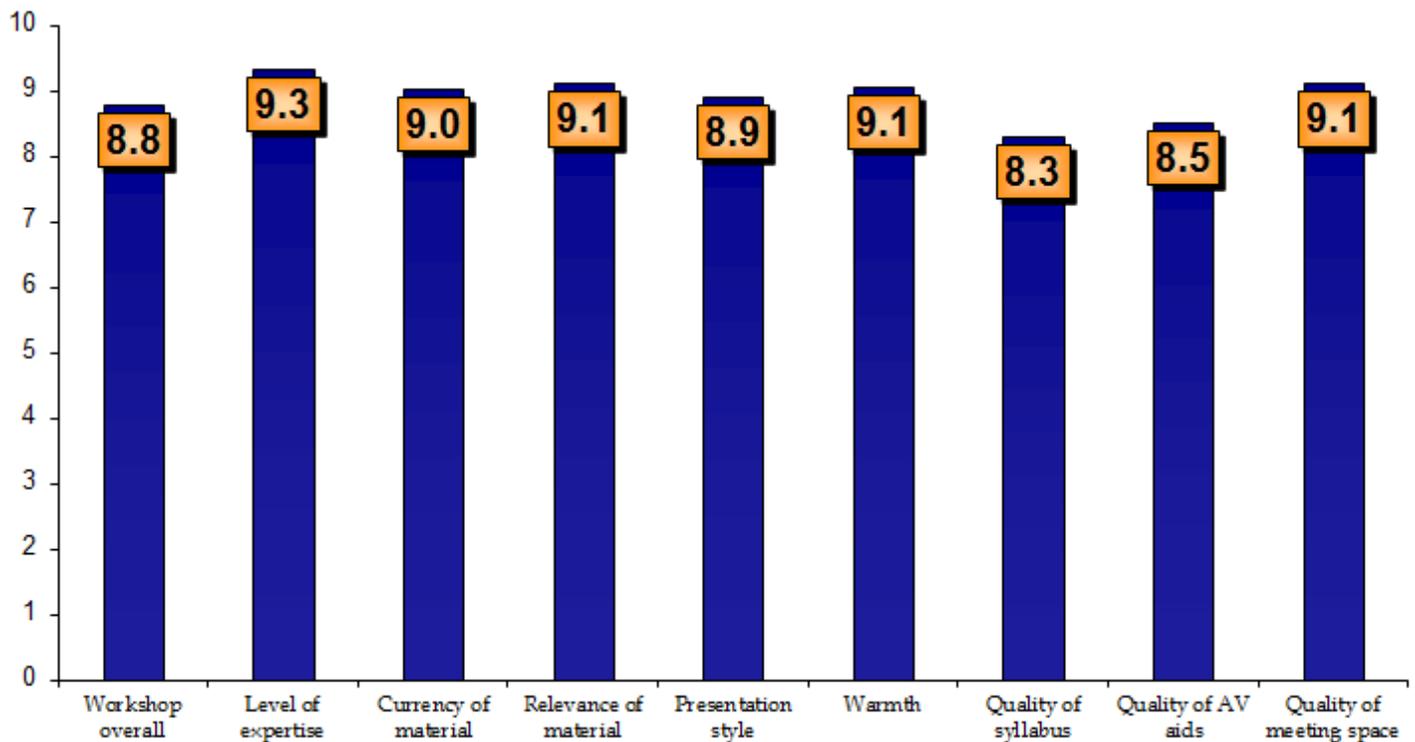
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supratentorial medicine



March 19-21, 2012



- 100% recommended
- Relevant to most patient interactions
- It was the most fun workshop I've ever attended
- Very practical and ready to use immediately
- Recommended +++
- Excellent workshop
- Most if not all family physicians would benefit from this training
- Recommended to the maximum extent
- One of best CME I've ever been to
- Highly recommended
- Excellent workshop... extremely practical... I would highly recommend EVERY family physician attend
- Very helpful practical tips that can be used daily... would definitely recommend
- Highly recommended
- Very useful for the emergency room... great learning experience

What family physicians say (continued) ...

- I'm accomplishing more with patients per visit.
- Very interesting, relevant and practical for use in a Family practice setting.
- Inspiring speaker... passionate about the topic
- Very good experience and will most likely attend depression and or anxiety workshops in the future.
- Should encourage this at all levels, starting from medical school
- Very helpful... 100% recommended

“

100% recommended.

— Jay Buenafe, MD
Winnipeg, MB

CBT

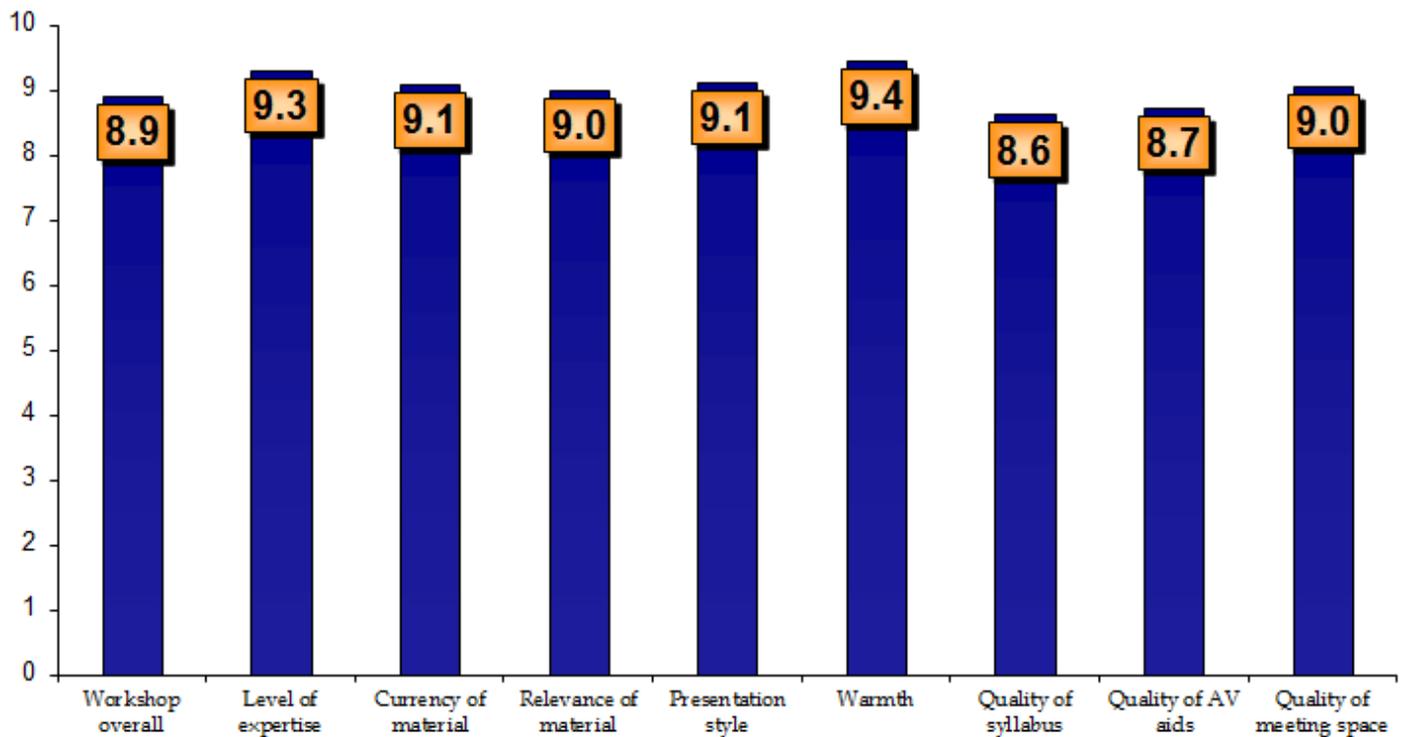
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supratentorial medicine



March 26-28, 2012



- Incredibly enjoyable and extremely informative
- Absolutely applicable... will immensely change my practice... I recommend this course to all my colleagues!
- Very organized & easy to follow
- The practical tips exceeded my expectations... jam packed with useful information
- Useful tools to apply to many people who show up in my office
- Highly recommended!
- I deal with a lot of chronic pain due to musculoskeletal conditions and the application to that aspect of my practice will certainly help
- An enlightening and useful conference
- I strongly urge to my colleagues to attend this course
- Simple & practical
- Highly recommended
- Well presented, and extremely practical.
- Whole-heartedly recommended

What family physicians say (continued) ...

- Very useful & much needed... a must for every GP
- It is great to be learning such valuable counseling skills, that I can really use.
- Very relevant for 10min visits
- Much of this applies to chronic pain patients
- Learned many tools to guide patients' complaints... highly recommended
- I would recommend it highly to my family medicine colleagues
- 100% recommended
- Very enjoyable.... strongly recommended. In fact undergraduate family medicine training should include this.
- No suggestions whatsoever for improvement... brilliant! Highly recommended.
- 100% highly recommended to ALL GPs!!

“

Absolutely applicable... will immensely change my practice... I recommend this course to all my colleagues!

— Eva Kitagawa, MD
Spirit River, AB

CBT

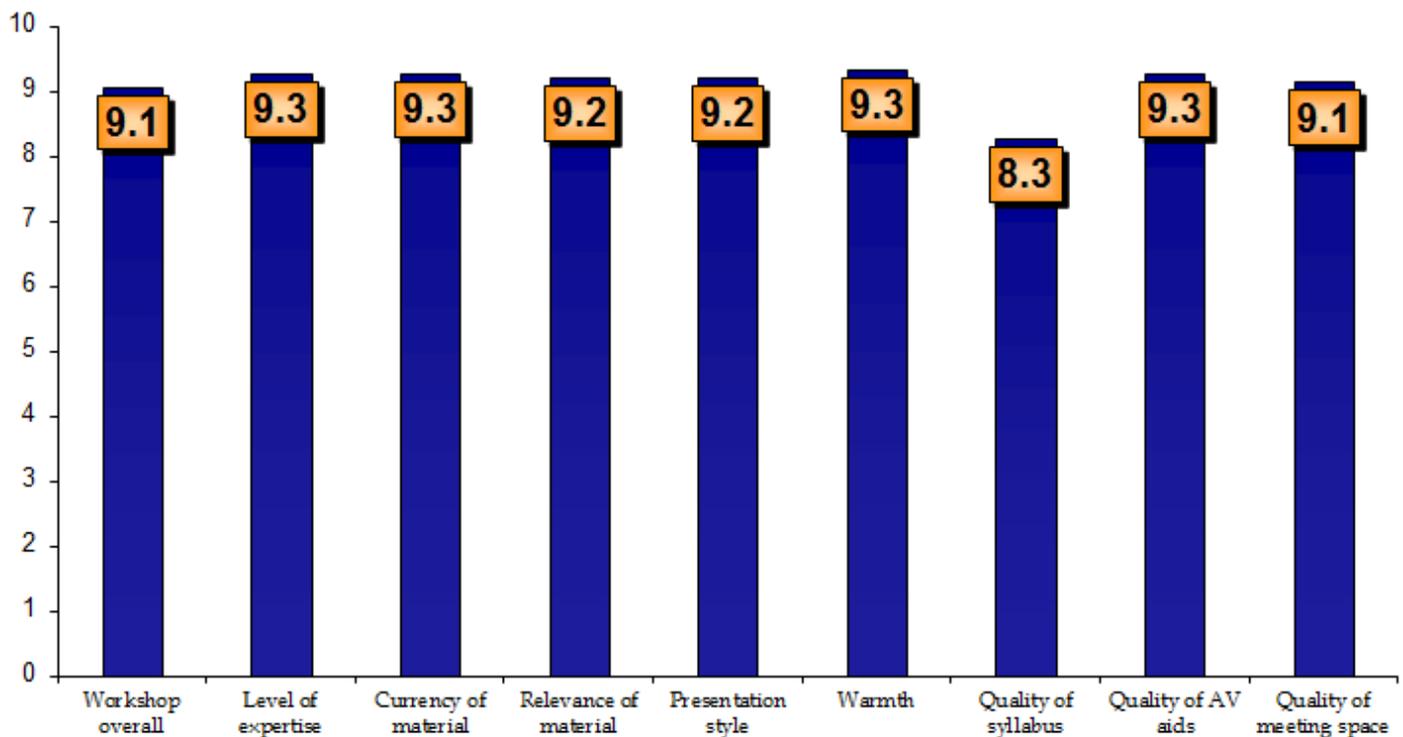
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supratentorial medicine



April 1-8, 2012



- Practical & useful. Addresses issues common in general practice.
- Very necessary
- Made a complex and somewhat frightening subject accessible. Highly recommended
- PRACTICAL for my practice! Definitely recommended!
- Straightforward. Very family medicine friendly & practical. I definitely would recommend it.
- A focused and stepwise approach. It's actually the most practice-changing workshop I've ever been to. Recommended 11 out of 10!
- All new & useful material! Definitely would recommend it.
- Translates "CBT language" into "family physician language"
- Recommended? YES YES YES YES
- Highly recommended

What family physicians say (continued) ...

- *Relaxed & light-hearted. Absolutely recommended.*
- *Broadening. 100% recommended to GPs.*
- *Lots of relevant, practical info. This workshop will greatly change my practice. Highly recommended!*

“

It's actually the most practice-changing workshop I've ever been to. Recommended 11 out of 10!

— Karen Zwiers, MD
Calgary, AB

CBT

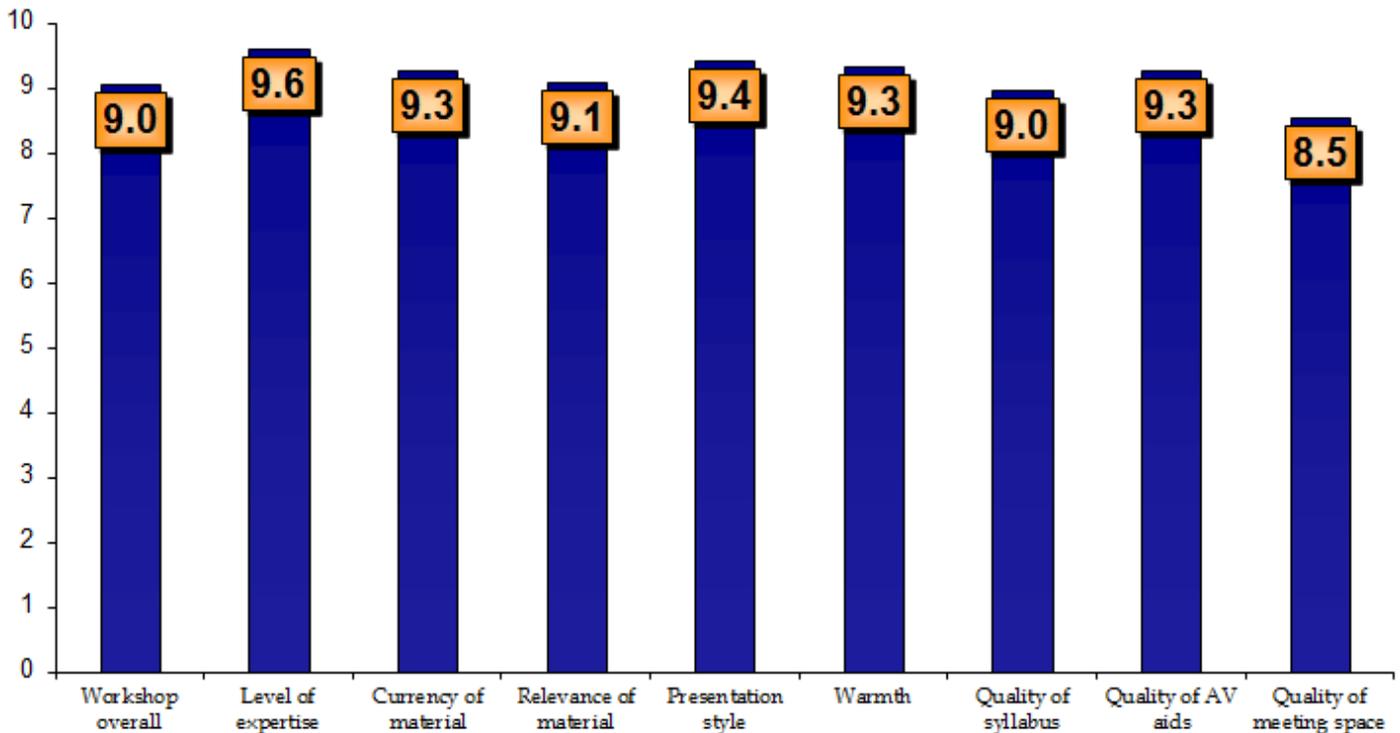
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supratentorial medicine



April 21, 2012



- Practical tools for fitting CBT into brief appointments. Very highly recommended.
- A welcome commonsensical & practical approach.
- Very highly recommended--I have recommended it many times.
- Excellent teacher, clear message, relevant material.
- Very useful & informative. 10 of out 10 recommended.
- Pertinent & concise... recognizes MD time constraints.
- It will make my work easier and more positive.
- A lively, positive, and accomplished speaker.
- Very helpful.
- Greg is a dynamic and warm speaker. Recommended 10/10.
- Highly recommended.
- Clear and useful. It would a helpful part of the curriculum in medical training.
- Practical suggestions for application to facilitate organize approach to patient visits.

What family physicians say (continued) ...

- Excellent presenter: erudite, approachable, and affable. Very highly recommended.
- Very much recommended.
- Very recommended! Very practical.
- Practical, evidence-based, and entertaining (enjoyable learning).

“

Excellent presenter: erudite, approachable, and affable. Very highly recommended.

— Thomas McKenzie, MD
Winnipeg, MB