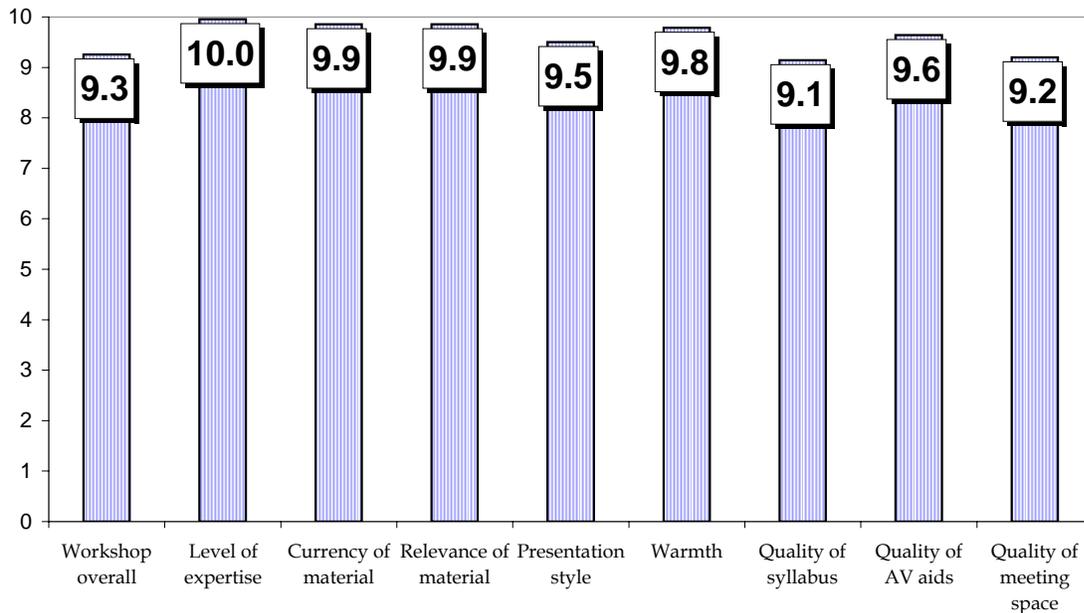


CBT FOR DEPRESSION

Presented for the College of Family Physicians of Canada Family Medicine Forum
Saturday, October 31, 2009 in Calgary, Alberta (6.0 instructional hours)



Participant comments

- ▶ *One of the best workshops I've attended... very informative, awakening... happy I chose to attend*
- ▶ *More interactive, more relaxed, more involvement than other workshops I've attended*
- ▶ *Right amount of didactic vs. interactive*
- ▶ *The best workshop (all 4) in 30 years of CCFP attendance*
- ▶ *Very, very knowledgeable... interactive, very dynamic*
- ▶ *Enjoyed thoroughly... engaging style... good answers to questions*
- ▶ *Non-biased and relevant to my practice*
- ▶ *Empowerment that FPs can do it*
- ▶ *Useful approach to timely CBT in the office*
- ▶ *Very open, direct*
- ▶ *Very interesting and relevant to family practice*
- ▶ *Strong focus on evidence*
- ▶ *I have learned a lot that will change my everyday practice*
- ▶ *Very useful for family practice*
- ▶ *More organized and practical than other workshops I've attended*
- ▶ *I'll be back... great stuff*
- ▶ *Lively*
- ▶ *Very relevant, very helpful... I knew nothing about CBT, now I have some tools...*
- ▶ *Very structured, very relevant, presented in a humorous way*
- ▶ *Superior to other workshops I've attended... very useful in practice... great workshop!*
- ▶ *Very useful- tone feels much more accessible... great use of humour... very useful for family medicine*



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