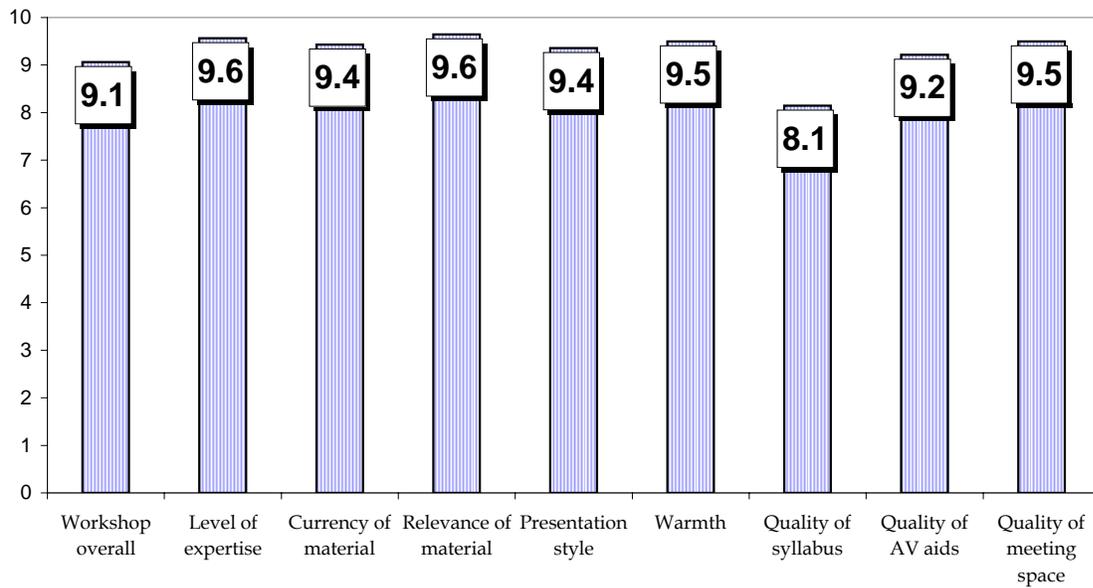


# CBT FOR ANXIETY

Presented for the College of Family Physicians of Canada Family Medicine Forum  
Friday, October 30, 2009 in Calgary, Alberta (6.0 MAINPRO-C hours)



## Participant comments

- ▶ *All very appropriately- and well-tuned to real life family practice*
- ▶ *Practical, humorous, memorable*
- ▶ *Strongly recommended. It is very helpful for family practice... I am very motivated to know more*
- ▶ *Good practical information that will change my everyday practice...*
- ▶ *Overall best review and teaching I have experienced for anxiety disorders*
- ▶ *So enjoyable*
- ▶ *Dynamic, humour, relevance*
- ▶ *Very relevant to family practice*
- ▶ *Engaging speaker*
- ▶ *A major addition to my practice and hoping to attend more workshops...*
- ▶ *I feel confident applying it into my practice*
- ▶ *Practical for use in family medicine*
- ▶ *Very well prepared workbook... excellent session--will help me in my everyday practice*
- ▶ *Very helpful and very practical... the best workshop in this FMF 2009*
- ▶ *Relevant, practical, humorous*
- ▶ *Should be integrated into FM residency programs*
- ▶ *Warmth, dialogues, knowledge*
- ▶ *Good amount of interaction with didactic teaching without the interaction taking over...*
- ▶ *Entertaining, insightful, very helpful to deal with challenging patients*
- ▶ *Excellent presentation and relevant to my practice*
- ▶ *Concise, accurate, fun*
- ▶ *Approachable, humorous, clear delivery*



### **GREG DUBORD, MD**

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