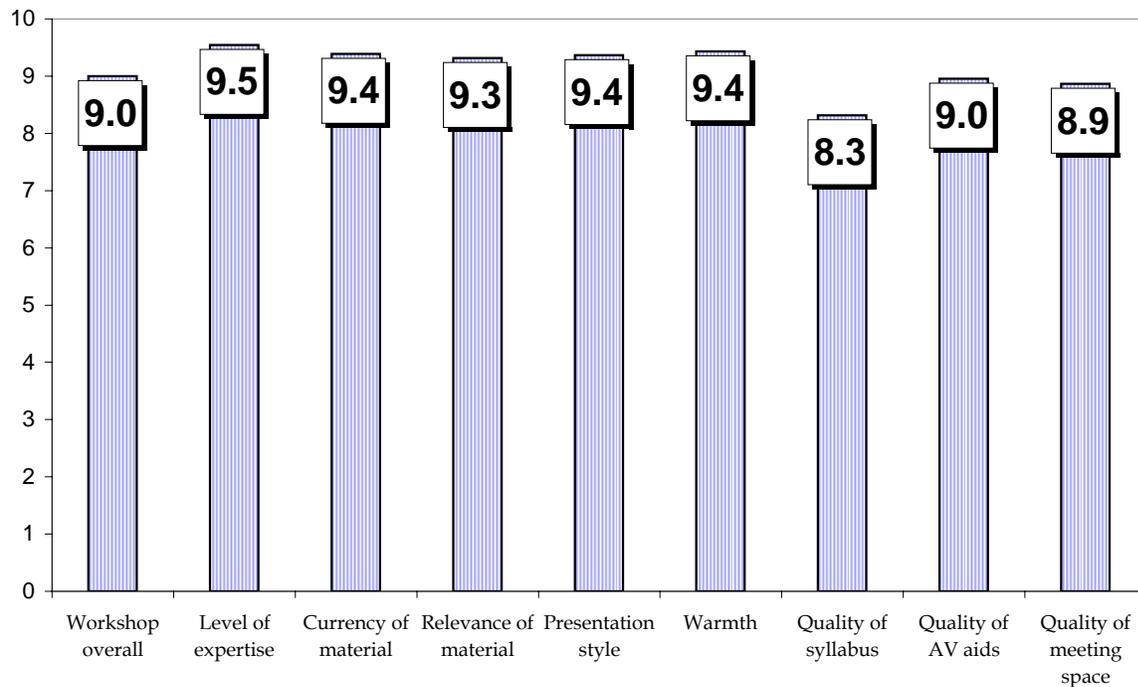


CBT for Depression

Presented for the Saskatchewan College of Family Physicians' Annual Family Medicine Review
Thursday, September 24, 2009 in Regina, SK (6.0 instructional hours)



Participant comments

- ▶ *I had a great time*
- ▶ *Excellent*
- ▶ *Good for primary care... useful tools where none existed before*
- ▶ *Managed to stay awake throughout*
- ▶ *Great workshop*
- ▶ *Entertaining... helpful + empowering*
- ▶ *Very personable and knowledgeable*
- ▶ *Refreshing to have a primary care perspective*
- ▶ *Greatly (intensely) expanded knowledge base in short time... awesome*
- ▶ *Very practical & useable*
- ▶ *Topical, very up-to-date... very practical tips... we'd like to have you back next year*
- ▶ *Impressive expertise... applicable and practical*
- ▶ *Great strategies*
- ▶ *Pleasant, easy presentation style... enjoyed the depth of knowledge presented*
- ▶ *Well-organized.. great presentation and material... very well done*
- ▶ *This should really help, perhaps even in my personal life*
- ▶ *Full of relevant and useful info... great*
- ▶ *Definitely applicable tools*
- ▶ *I'd like more of these [workshops]*
- ▶ *Makes sense... good pointers for practice*



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